



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

□□□□

Lopens, Sebastian

□□□: 1:56:09

□□: Alsterbiker

□□: 20.66 km/h

□□: 672

□□: 40.80 km

□□□□□/□□□: 53 (of 101)

Mitteldistanz Hobby

□□□□□/□: 53 (of 96)

□□□□□□: 1:27:59

□□□□:

□□□□□: 17(of 32)

Masters männlich Hobby

□□□□□□□: 1:34:42

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	44:15	21.69	18	7:15	52	9:37	16.30	44:15	21.69	16	1:48	20	
□□ 2	20.40	1:00:46	19.75	21	12:07	64	16:13	36.70	1:45:01	20.57	16	4:00	20	
□□□ □□	4.10	11:08	21.56	19	2:19	57	2:43	40.80	1:56:09	20.66	18	1:17:33	54	1:17:33