



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

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Müller, Eckard

□□□: 1:57:24

□□: Fitness-Center-Spieker.de

□□: 20.44 km/h

□□: 33

□□: 40.80 km

□□□□□/□□□: 60 (of 101)

Mitteldistanz Hobby

□□□□□/□: 60 (of 96)

□□□□□□: 1:27:59

□□□□:

□□□□□: 18(of 36)

Senioren I Hobby

□□□□□□□: 1:39:22

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	45:09	21.26	16	4:43	56	10:31	16.30	45:09	21.26	32	-	1	-
□□ 2	20.40	1:00:05	19.97	17	10:52	60	15:32	36.70	1:45:14	20.53	36	-	1	-
□□□ □□	4.10	12:10	19.73	24	2:51	74	3:45	40.80	1:57:24	20.44	18	18:02	61	1:18:48