



38. SOLA-Stafette

Zürich / 07.05.2011

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Aberamschnellsten

□□: ausl. HS
□□: 1

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:10:23

□□: 11.40 km/h
□□□□: 5:13 min/km

□□□□□: 378 (of 790)

□□□□□□: 6:52:28

□□□□□: 129(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:32	226	7:13	456	8:36	4.40	24:25	5:32	1	24:25	1	24:25
Buchlern	13.25		4:46	218	15:48	448	20:18	17.65	1:27:44	4:58	1	1:27:44	1	1:27:44
Uetliberg	6.20		5:08	12	2:38	56	6:14	23.85	1:59:34	5:00	1	1:59:34	1	1:59:34
Felsenegg	5.90		4:38	39	4:43	120	7:24	29.75	2:26:55	4:56	1	2:26:55	1	2:26:55
Buchlern	14.02		6:00	423	32:26	727	36:27	43.77	3:51:10	5:16	1	3:51:10	1	3:51:10
Hönggerberg	11.10		5:43	337	21:39	610	24:20	54.87	4:54:39	5:22	1	4:54:39	1	4:54:39
Irchel	5.10		5:06	125	6:58	296	9:18	59.97	5:20:43	5:20	1	5:20:43	1	5:20:43
Fluntern	6.34		5:13	201	9:17	428	11:22	66.31	5:53:53	5:20	1	5:53:53	1	5:53:53
Forch	11.30		4:41	42	11:32	148	14:24	77.61	6:46:57	5:14	1	6:46:57	1	6:46:57
Egg	8.75		5:54	366	18:19	646	19:33	86.36	7:38:41	5:18	1	7:38:41	1	7:38:41
Zumikon	12.99		5:21	221	16:34	458	22:43	99.35	8:48:23	5:19	1	8:48:23	1	8:48:23
Witikon	6.91		4:43	190	8:49	405	11:37	106.26	9:21:02	5:16	1	9:21:02	1	9:21:02
Fluntern	4.90		4:32	50	5:24	163	5:56	111.16	9:43:17	5:14	1	9:43:17	1	9:43:17
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:48	133	6:53	297	8:27	116.80	10:10:23	5:13	140	2:00:11	395	3:18:27