



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Bau 36

□□: UNI  
□□: 11

□□: 116.80 km  
Sola-Stafette

□□□□:  
Langsame

□□□: 9:42:57

□□: 11.94 km/h  
□□□□: 4:59 min/km

□□□□□: 199 (of 790)

□□□□□□: 6:52:28

□□□□□: 30(of 477)

□□□□□□□: 8:43:10

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:45	42	3:46	129	5:09	4.40	20:58	4:45	1	20:58	1	20:58
Buchlern	13.25		4:01	16	5:50	79	10:20	17.65	1:14:19	4:12	1	1:14:19	1	1:14:19
Uetliberg	6.20		5:35	62	5:28	180	9:04	23.85	1:48:59	4:34	1	1:48:59	1	1:48:59
Felsenegg	5.90		5:17	185	8:36	391	11:17	29.75	2:20:13	4:42	1	2:20:13	1	2:20:13
Buchlern	14.02		5:01	210	18:34	440	22:35	43.77	3:30:36	4:48	1	3:30:36	1	3:30:36
Hönggerberg	11.10		4:24	31	7:03	80	9:44	54.87	4:19:29	4:43	1	4:19:29	1	4:19:29
Irchel	5.10		5:16	160	7:49	354	10:09	59.97	4:46:24	4:46	1	4:46:24	1	4:46:24
Fluntern	6.34		5:03	140	8:10	326	10:15	66.31	5:18:27	4:48	1	5:18:27	1	5:18:27
Forch	11.30		5:10	167	16:56	366	19:48	77.61	6:16:55	4:51	1	6:16:55	1	6:16:55
Egg	8.75		5:22	208	13:34	432	14:48	86.36	7:03:54	4:54	1	7:03:54	1	7:03:54
Zumikon	12.99		4:56	87	10:59	248	17:08	99.35	8:08:01	4:54	1	8:08:01	1	8:08:01
Witikon	6.91		6:45	466	22:49	777	25:37	106.26	8:54:40	5:01	1	8:54:40	1	8:54:40
Fluntern	4.90		4:57	125	7:29	316	8:01	111.16	9:19:00	5:01	1	9:19:00	1	9:19:00
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Irchel	5.64		4:14	23	3:44	79	5:18	116.80	9:42:57	4:59	36	1:32:45	210	2:51:01