



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Powersnails

□□: ETH  
□□: 105

□□: 116.80 km  
Sola-Stafette

□□□□:  
Langsame

□□□: 11:39:28

□□: 9.95 km/h  
□□□□: 5:59 min/km

□□□□□: 760 (of 790)

□□□□□□: 6:52:28

□□□□□: 455(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:11	132	5:37	298	7:00	4.40	22:49	5:11	1	22:49	1	22:49
Buchlern	13.25		5:50	455	29:49	759	34:19	17.65	1:40:09	5:40	1	1:40:09	1	1:40:09
Uetliberg	6.20		6:55	361	13:47	652	17:23	23.85	2:23:08	6:00	1	2:23:08	1	2:23:08
Felsenegg	5.90		5:58	369	12:35	651	15:16	29.75	2:58:21	5:59	1	2:58:21	1	2:58:21
Buchlern	14.02		5:07	240	19:58	481	23:59	43.77	4:10:08	5:42	1	4:10:08	1	4:10:08
Hönggerberg	11.10		5:24	246	18:12	486	20:53	54.87	5:10:10	5:39	1	5:10:10	1	5:10:10
Irchel	5.10		6:12	351	12:32	638	14:52	59.97	5:41:48	5:41	1	5:41:48	1	5:41:48
Fluntern	6.34		6:17	426	15:59	728	18:04	66.31	6:21:40	5:45	1	6:21:40	1	6:21:40
Forch	11.30		5:23	240	19:29	478	22:21	77.61	7:22:41	5:42	1	7:22:41	1	7:22:41
Egg	8.75		4:52	64	9:15	188	10:29	86.36	8:05:21	5:37	1	8:05:21	1	8:05:21
Zumikon	12.99		5:44	328	21:31	613	27:40	99.35	9:20:00	5:38	1	9:20:00	1	9:20:00
Witikon	6.91		11:08	476	53:08	787	55:56	106.26	10:36:58	5:59	1	10:36:58	1	10:36:58
Fluntern	4.90		6:52	456	16:49	764	17:21	111.16	11:10:38	6:01	1	11:10:38	1	11:10:38
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Irchel	5.64		5:06	213	8:37	432	10:11	116.80	11:39:28	5:59	467	3:29:16	780	4:47:32