



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Random Walkers

□□: ETH  
□□: 107

□□: 116.80 km  
Sola-Stafette

□□□□:  
Langsame

□□□: 11:07:10

□□: 10.43 km/h  
□□□□: 5:42 min/km

□□□□□: 701 (of 790)

□□□□□□: 6:52:28

□□□□□: 400(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:27	204	6:48	416	8:11	4.40	24:00	5:27	1	24:00	1	24:00
Buchlern	13.25		5:42	443	28:01	745	32:31	17.65	1:39:32	5:38	1	1:39:32	1	1:39:32
Uetliberg	6.20		10:46	477	37:38	789	41:14	23.85	2:46:22	6:58	1	2:46:22	1	2:46:22
Felsenegg	5.90		4:45	64	5:28	167	8:09	29.75	3:14:28	6:32	1	3:14:28	1	3:14:28
Buchlern	14.02		5:55	413	31:22	717	35:23	43.77	4:37:39	6:20	1	4:37:39	1	4:37:39
Hönggerberg	11.10		4:41	65	10:15	168	12:56	54.87	5:29:44	6:00	1	5:29:44	1	5:29:44
Irchel	5.10		5:58	315	11:20	592	13:40	59.97	6:00:10	6:00	1	6:00:10	1	6:00:10
Fluntern	6.34		5:33	310	11:21	575	13:26	66.31	6:35:24	5:57	1	6:35:24	1	6:35:24
Forch	11.30		5:25	249	19:46	491	22:38	77.61	7:36:42	5:53	1	7:36:42	1	7:36:42
Egg	8.75		5:45	328	16:57	603	18:11	86.36	8:27:04	5:52	1	8:27:04	1	8:27:04
Zumikon	12.99		5:03	121	12:33	311	18:42	99.35	9:32:45	5:45	1	9:32:45	1	9:32:45
Witikon	6.91		6:23	458	20:18	764	23:06	106.26	10:16:53	5:48	1	10:16:53	1	10:16:53
Fluntern	4.90		5:11	187	8:34	410	9:06	111.16	10:42:18	5:46	1	10:42:18	1	10:42:18
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Irchel	5.64		4:24	45	4:39	122	6:13	116.80	11:07:10	5:42	412	2:56:58	721	4:15:14