



38. SOLA-Stafette

Zürich / 07.05.2011

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Running Gags

□□: ETH
□□: 113

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:25:17

□□: 11.13 km/h
□□□□: 5:21 min/km

□□□□□: 477 (of 790)

□□□□□□: 6:52:28

□□□□□: 203(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:47	298	8:17	559	9:40	4.40	25:29	5:47	1	25:29	1	25:29
Buchlern	13.25		5:14	367	21:50	653	26:20	17.65	1:34:50	5:22	1	1:34:50	1	1:34:50
Uetliberg	6.20		6:01	161	8:09	361	11:45	23.85	2:12:11	5:32	1	2:12:11	1	2:12:11
Felsenegg	5.90		5:00	118	6:54	279	9:35	29.75	2:41:43	5:26	1	2:41:43	1	2:41:43
Buchlern	14.02		6:01	425	32:40	729	36:41	43.77	4:06:12	5:37	1	4:06:12	1	4:06:12
Hönggerberg	11.10		5:28	264	18:53	511	21:34	54.87	5:06:55	5:35	1	5:06:55	1	5:06:55
Irchel	5.10		5:04	116	6:46	283	9:06	59.97	5:32:47	5:32	1	5:32:47	1	5:32:47
Fluntern	6.34		4:00	3	1:33	23	3:38	66.31	5:58:13	5:24	1	5:58:13	1	5:58:13
Forch	11.30		5:36	302	21:53	571	24:45	77.61	7:01:38	5:25	1	7:01:38	1	7:01:38
Egg	8.75		5:46	332	17:03	608	18:17	86.36	7:52:06	5:27	1	7:52:06	1	7:52:06
Zumikon	12.99		5:04	127	12:41	319	18:50	99.35	8:57:55	5:24	1	8:57:55	1	8:57:55
Witikon	6.91		4:06	41	4:32	117	7:20	106.26	9:26:17	5:19	1	9:26:17	1	9:26:17
Fluntern	4.90		4:33	55	5:28	173	6:00	111.16	9:48:36	5:17	1	9:48:36	1	9:48:36
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Irchel	5.64		6:30	449	16:28	759	18:02	116.80	10:25:17	5:21	214	2:15:05	495	3:33:21