



38. SOLA-Stafette

Zürich / 07.05.2011

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solaraupe

□□: ETH

□□: 120

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 9:55:00

□□: 11.78 km/h

□□□□: 5:05 min/km

□□□□□: 267 (of 790)

□□□□□□: 6:52:28

□□□□□: 61(of 477)

□□□□□□□: 8:43:10

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□
Hönggerberg	4.40		5:36	248	7:30	488	8:53	4.40	24:42	5:36	1	24:42	1	24:42
Buchlern	13.25		4:33	132	12:53	323	17:23	17.65	1:25:06	4:49	1	1:25:06	1	1:25:06
Uetliberg	6.20		5:43	88	6:16	230	9:52	23.85	2:00:34	5:03	1	2:00:34	1	2:00:34
Felsenegg	5.90		4:44	62	5:19	161	8:00	29.75	2:28:31	4:59	1	2:28:31	1	2:28:31
Buchlern	14.02		5:09	251	20:35	498	24:36	43.77	3:40:55	5:02	1	3:40:55	1	3:40:55
Hönggerberg	11.10		5:09	174	15:25	379	18:06	54.87	4:38:10	5:04	1	4:38:10	1	4:38:10
Irchel	5.10		6:36	415	14:36	714	16:56	59.97	5:11:52	5:12	1	5:11:52	1	5:11:52
Fluntern	6.34		4:32	39	4:53	120	6:58	66.31	5:40:38	5:08	1	5:40:38	1	5:40:38
Forch	11.30		5:09	162	16:49	360	19:41	77.61	6:38:59	5:08	1	6:38:59	1	6:38:59
Egg	8.75		5:00	90	10:23	245	11:37	86.36	7:22:47	5:07	1	7:22:47	1	7:22:47
Zumikon	12.99		5:03	123	12:37	313	18:46	99.35	8:28:32	5:07	1	8:28:32	1	8:28:32
Witikon	6.91		4:44	193	8:54	410	11:42	106.26	9:01:16	5:05	1	9:01:16	1	9:01:16
Fluntern	4.90		3:37	4	0:53	15	1:25	111.16	9:19:00	5:01	1	9:19:00	1	9:19:00
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Irchel	5.64		6:22	442	15:47	751	17:21	116.80	9:55:00	5:05	69	1:44:48	281	3:03:04