



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Sustain Team

□□: ETH

□□: 121

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 12:01:39

□□: 9.64 km/h

□□□□: 6:10 min/km

□□□□□: 769 (of 790)

□□□□□□: 6:52:28

□□□□□: 464(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hönggerberg	4.40		6:45	441	12:32	749	13:55	4.40	29:44	6:45	1	29:44	1	29:44	
Buchlern	13.25		6:00	462	32:01	768	36:31	17.65	1:49:16	6:11	1	1:49:16	1	1:49:16	
Uetliberg	6.20		6:58	371	14:00	662	17:36	23.85	2:32:28	6:23	1	2:32:28	1	2:32:28	
Felsenegg	5.90		5:39	300	10:48	553	13:29	29.75	3:05:54	6:14	1	3:05:54	1	3:05:54	
Buchlern	14.02		5:00	205	18:21	432	22:22	43.77	4:16:04	5:51	1	4:16:04	1	4:16:04	
Hönggerberg	11.10		6:04	412	25:39	702	28:20	54.87	5:23:33	5:53	1	5:23:33	1	5:23:33	
Irchel	5.10		6:49	436	15:41	736	18:01	59.97	5:58:20	5:58	1	5:58:20	1	5:58:20	
Fluntern	6.34		5:23	261	10:15	508	12:20	66.31	6:32:28	5:55	1	6:32:28	1	6:32:28	
Forch	11.30		5:46	342	23:40	625	26:32	77.61	7:37:40	5:53	1	7:37:40	1	7:37:40	
Egg	8.75		7:33	465	32:47	777	34:01	86.36	8:43:52	6:03	1	8:43:52	1	8:43:52	
Zumikon	12.99		7:17	468	41:32	780	47:41	99.35	10:18:32	6:13	1	10:18:32	1	10:18:32	
Witikon	6.91		5:23	368	13:24	651	16:12	106.26	10:55:46	6:10	1	10:55:46	1	10:55:46	
Fluntern	4.90		7:26	473	19:36	783	20:08	111.16	11:32:13	6:13	1	11:32:13	1	11:32:13	
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Irchel	5.64		5:13	247	9:13	480	10:47	116.80	12:01:39	6:10	476	3:51:27	789	5:09:43	