



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

Chomiker

□□: UNI

□□: 13

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 11:17:49

□□: 10.34 km/h

□□□□: 5:48 min/km

□□□□□: 726 (of 790)

□□□□□□: 6:52:28

□□□□□: 423(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□
Hönggerberg	4.40		4:37	33	3:11	99	4:34	4.40	20:23	4:37	1	20:23	1	20:23
Buchlern	13.25		4:22	71	10:28	209	14:58	17.65	1:18:22	4:26	1	1:18:22	1	1:18:22
Uetliberg	6.20		8:26	463	23:10	772	26:46	23.85	2:10:44	5:28	1	2:10:44	1	2:10:44
Felsenegg	5.90		6:01	378	12:56	664	15:37	29.75	2:46:18	5:35	1	2:46:18	1	2:46:18
Buchlern	14.02		5:29	349	25:13	634	29:14	43.77	4:03:20	5:33	1	4:03:20	1	4:03:20
Hönggerberg	11.10		5:56	391	24:07	676	26:48	54.87	5:09:17	5:38	1	5:09:17	1	5:09:17
Irchel	5.10		6:22	378	13:26	672	15:46	59.97	5:41:49	5:41	1	5:41:49	1	5:41:49
Fluntern	6.34		5:57	377	13:51	663	15:56	66.31	6:19:33	5:43	1	6:19:33	1	6:19:33
Forch	11.30		5:51	364	24:41	655	27:33	77.61	7:25:46	5:44	1	7:25:46	1	7:25:46
Egg	8.75		6:56	455	27:22	765	28:36	86.36	8:26:33	5:51	1	8:26:33	1	8:26:33
Zumikon	12.99		5:47	341	22:00	629	28:09	99.35	9:41:41	5:51	1	9:41:41	1	9:41:41
Witikon	6.91		4:44	192	8:53	408	11:41	106.26	10:14:24	5:46	1	10:14:24	1	10:14:24
Fluntern	4.90		7:25	471	19:30	781	20:02	111.16	10:50:45	5:51	1	10:50:45	1	10:50:45
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:47	131	6:51	293	8:25	116.80	11:17:49	5:48	435	3:07:37	746	4:25:53