



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## The Leap Frogs

□□: ETH (ETH)

□□: 124

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:42:35

□□: 10.83 km/h

□□□□: 5:30 min/km

□□□□□: 588 (of 790)

□□□□□□: 6:52:28

□□□□□: 298(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:07	109	5:20	267	6:43	4.40	22:32	5:07	1	22:32	1	22:32
Buchlern	13.25		4:58	298	18:30	560	23:00	17.65	1:28:33	5:01	1	1:28:33	1	1:28:33
Uetliberg	6.20		7:04	386	14:39	679	18:15	23.85	2:12:24	5:33	1	2:12:24	1	2:12:24
Felsenegg	5.90		6:09	403	13:41	695	16:22	29.75	2:48:43	5:40	1	2:48:43	1	2:48:43
Buchlern	14.02		5:08	249	20:23	495	24:24	43.77	4:00:55	5:30	1	4:00:55	1	4:00:55
Hönggerberg	11.10		5:44	348	21:57	623	24:38	54.87	5:04:42	5:33	1	5:04:42	1	5:04:42
Irchel	5.10		5:56	306	11:11	581	13:31	59.97	5:34:59	5:35	1	5:34:59	1	5:34:59
Fluntern	6.34		5:35	321	11:37	589	13:42	66.31	6:10:29	5:35	1	6:10:29	1	6:10:29
Forch	11.30		5:15	193	17:48	404	20:40	77.61	7:09:49	5:32	1	7:09:49	1	7:09:49
Egg	8.75		5:40	305	16:15	567	17:29	86.36	7:59:29	5:33	1	7:59:29	1	7:59:29
Zumikon	12.99		5:46	338	21:49	624	27:58	99.35	9:14:26	5:34	1	9:14:26	1	9:14:26
Witikon	6.91		4:44	194	8:55	411	11:43	106.26	9:47:11	5:31	1	9:47:11	1	9:47:11
Fluntern	4.90		5:22	219	9:31	468	10:03	111.16	10:13:33	5:31	1	10:13:33	1	10:13:33
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Irchel	5.64		5:08	225	8:49	450	10:23	116.80	10:42:35	5:30	310	2:32:23	607	3:50:39