



38. SOLA-Stafette

Zürich / 07.05.2011

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UWImaltiv

□□: ETH
□□: 127

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 9:55:20

□□: 11.69 km/h
□□□□: 5:05 min/km

□□□□□: 269 (of 790)

□□□□□□: 6:52:28

□□□□□: 62(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:59	82	4:45	206	6:08	4.40	21:57	4:59	1	21:57	1	21:57
Buchlern	13.25		4:35	141	13:19	339	17:49	17.65	1:22:47	4:41	1	1:22:47	1	1:22:47
Uetliberg	6.20		5:43	89	6:18	233	9:54	23.85	1:58:17	4:57	1	1:58:17	1	1:58:17
Felsenegg	5.90		4:45	63	5:25	164	8:06	29.75	2:26:20	4:55	1	2:26:20	1	2:26:20
Buchlern	14.02		6:13	448	35:28	755	39:29	43.77	3:53:37	5:20	1	3:53:37	1	3:53:37
Hönggerberg	11.10		5:20	228	17:27	458	20:08	54.87	4:52:54	5:20	1	4:52:54	1	4:52:54
Irchel	5.10		4:43	60	4:59	169	7:19	59.97	5:16:59	5:17	1	5:16:59	1	5:16:59
Fluntern	6.34		4:42	56	5:58	162	8:03	66.31	5:46:50	5:13	1	5:46:50	1	5:46:50
Forch	11.30		5:04	134	15:50	317	18:42	77.61	6:44:12	5:12	1	6:44:12	1	6:44:12
Egg	8.75		4:48	52	8:41	163	9:55	86.36	7:26:18	5:10	1	7:26:18	1	7:26:18
Zumikon	12.99		4:56	88	11:03	249	17:12	99.35	8:30:29	5:08	1	8:30:29	1	8:30:29
Witikon	6.91		4:09	48	4:57	135	7:45	106.26	8:59:16	5:04	1	8:59:16	1	8:59:16
Fluntern	4.90		5:27	232	9:54	483	10:26	111.16	9:26:01	5:05	1	9:26:01	1	9:26:01
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Irchel	5.64		5:11	242	9:06	474	10:40	116.80	9:55:20	5:05	70	1:45:08	283	3:03:24