



38. SOLA-Stafette

Zürich / 07.05.2011

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Welfen-Löwen

□□: ETH
□□: 130

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:37:20

□□: 11.00 km/h
□□□□: 5:27 min/km

□□□□□: 559 (of 790)

□□□□□□: 6:52:28

□□□□□: 271(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:46	289	8:12	548	9:35	4.40	25:24	5:46	1	25:24	1	25:24
Buchlern	13.25		4:55	274	17:40	530	22:10	17.65	1:30:35	5:07	1	1:30:35	1	1:30:35
Uetliberg	6.20		6:04	171	8:25	377	12:01	23.85	2:08:12	5:22	1	2:08:12	1	2:08:12
Felsenegg	5.90		5:06	141	7:31	321	10:12	29.75	2:38:21	5:19	1	2:38:21	1	2:38:21
Buchlern	14.02		4:47	136	15:28	307	19:29	43.77	3:45:38	5:09	1	3:45:38	1	3:45:38
Hönggerberg	11.10		4:54	112	12:34	262	15:15	54.87	4:40:02	5:06	1	4:40:02	1	4:40:02
Irchel	5.10		5:31	216	9:05	452	11:25	59.97	5:08:13	5:08	1	5:08:13	1	5:08:13
Fluntern	6.34		5:50	356	13:10	642	15:15	66.31	5:45:16	5:12	1	5:45:16	1	5:45:16
Forch	11.30		6:23	431	30:37	738	33:29	77.61	6:57:25	5:22	1	6:57:25	1	6:57:25
Egg	8.75		6:12	412	20:53	706	22:07	86.36	7:51:43	5:27	1	7:51:43	1	7:51:43
Zumikon	12.99		5:03	122	12:36	312	18:45	99.35	8:57:27	5:24	1	8:57:27	1	8:57:27
Witikon	6.91		6:12	451	19:06	757	21:54	106.26	9:40:23	5:27	1	9:40:23	1	9:40:23
Fluntern	4.90		5:54	341	12:05	621	12:37	111.16	10:09:19	5:28	1	10:09:19	1	10:09:19
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Irchel	5.64		4:58	175	7:48	369	9:22	116.80	10:37:20	5:27	282	2:27:08	577	3:45:24