



38. SOLA-Stafette

Zürich / 07.05.2011

HTWG

HTWG-Konstanz

FH
135

116.80 km
Sola-Stafette

Langsame

9:57:24

11.73 km/h
5:06 min/km

283 (of 790)

6:52:28

71 (of 477)

8:43:10

HTWG

HTWG

HTWG

HTWG	km	min/km	-	-	HTWG	HTWG	HTWG	HTWG	HTWG	HTWG	HTWG	HTWG	HTWG	HTWG
Hönggerberg	4.40	5:10	123	5:33	287	6:56	4.40	22:45	5:10	1	22:45	1	22:45	
Buchlern	13.25	4:22	73	10:32	211	15:02	17.65	1:20:48	4:34	1	1:20:48	1	1:20:48	
Uetliberg	6.20	10:13	476	34:10	788	37:46	23.85	2:24:10	6:02	1	2:24:10	1	2:24:10	
Felsenegg	5.90	4:37	36	4:42	117	7:23	29.75	2:51:30	5:45	1	2:51:30	1	2:51:30	
Buchlern	14.02	4:13	21	7:28	89	11:29	43.77	3:50:47	5:16	1	3:50:47	1	3:50:47	
Hönggerberg	11.10	4:57	124	13:17	286	15:58	54.87	4:45:54	5:12	1	4:45:54	1	4:45:54	
Irchel	5.10	4:59	104	6:22	259	8:42	59.97	5:11:22	5:11	1	5:11:22	1	5:11:22	
Fluntern	6.34	4:25	24	4:10	90	6:15	66.31	5:39:25	5:07	1	5:39:25	1	5:39:25	
Forch	11.30	4:52	72	13:29	213	16:21	77.61	6:34:26	5:04	1	6:34:26	1	6:34:26	
Egg	8.75	4:29	16	5:52	73	7:06	86.36	7:13:43	5:01	1	7:13:43	1	7:13:43	
Zumikon	12.99	6:24	437	30:06	742	36:15	99.35	8:36:57	5:12	1	8:36:57	1	8:36:57	
Witikon	6.91	4:03	30	4:12	94	7:00	106.26	9:04:59	5:07	1	9:04:59	1	9:04:59	
Fluntern	4.90	5:14	195	8:50	429	9:22	111.16	9:30:40	5:08	1	9:30:40	1	9:30:40	
HTWG	-	fehlt!	-	-	-	-	111.16	-	-	-	-	-	-	
Irchel	5.64	4:44	116	6:31	270	8:05	116.80	9:57:24	5:06	80	1:47:12	298	3:05:28	