



# 38. SOLA-Stafette

Zürich / 07.05.2011

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limited edition

□□: FH

□□: 138

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:43:52

□□: 10.81 km/h

□□□□: 5:30 min/km

□□□□□: 594 (of 790)

□□□□□□: 6:52:28

□□□□□: 304(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□
Hönggerberg	4.40		4:36	28	3:03	90	4:26	4.40	20:15	4:36	1	20:15	1	20:15
Buchlern	13.25		4:45	204	15:35	432	20:05	17.65	1:23:21	4:43	1	1:23:21	1	1:23:21
Uetliberg	6.20		6:41	321	12:18	591	15:54	23.85	2:04:51	5:14	1	2:04:51	1	2:04:51
Felsenegg	5.90		4:41	50	5:05	141	7:46	29.75	2:32:34	5:07	1	2:32:34	1	2:32:34
Buchlern	14.02		6:09	444	34:37	750	38:38	43.77	3:59:00	5:27	1	3:59:00	1	3:59:00
Hönggerberg	11.10		4:32	43	8:38	114	11:19	54.87	4:49:28	5:16	1	4:49:28	1	4:49:28
Irchel	5.10		6:02	336	11:45	617	14:05	59.97	5:20:19	5:20	1	5:20:19	1	5:20:19
Fluntern	6.34		4:56	108	7:29	269	9:34	66.31	5:51:41	5:18	1	5:51:41	1	5:51:41
Forch	11.30		7:03	466	38:16	779	41:08	77.61	7:11:29	5:33	1	7:11:29	1	7:11:29
Egg	8.75		5:46	333	17:04	609	18:18	86.36	8:01:58	5:34	1	8:01:58	1	8:01:58
Zumikon	12.99		5:20	208	16:10	438	22:19	99.35	9:11:16	5:32	1	9:11:16	1	9:11:16
Witikon	6.91		4:56	263	10:19	508	13:07	106.26	9:45:25	5:30	1	9:45:25	1	9:45:25
Fluntern	4.90		4:55	109	7:17	294	7:49	111.16	10:09:33	5:29	1	10:09:33	1	10:09:33
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Irchel	5.64		6:05	416	14:06	719	15:40	116.80	10:43:52	5:30	316	2:33:40	613	3:51:56