



# 38. SOLA-Stafette

Zürich / 07.05.2011

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Daddy Cool

□□: UNI  
□□: 15

□□: 116.80 km  
Sola-Stafette

□□□□:  
Langsame

□□□: 10:43:51

□□: 10.81 km/h  
□□□□: 5:30 min/km

□□□□□: 593 (of 790)

□□□□□□: 6:52:28

□□□□□: 303(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:38	34	3:12	101	4:35	4.40	20:24	4:38	1	20:24	1	20:24
Buchlern	13.25		4:32	125	12:46	313	17:16	17.65	1:20:41	4:34	1	1:20:41	1	1:20:41
Uetliberg	6.20		6:36	311	11:48	576	15:24	23.85	2:01:41	5:06	1	2:01:41	1	2:01:41
Felsenegg	5.90		7:06	458	19:17	768	21:58	29.75	2:43:36	5:29	1	2:43:36	1	2:43:36
Buchlern	14.02		6:20	452	37:02	760	41:03	43.77	4:12:27	5:46	1	4:12:27	1	4:12:27
Hönggerberg	11.10		4:32	41	8:34	111	11:15	54.87	5:02:51	5:31	1	5:02:51	1	5:02:51
Irchel	5.10		5:21	181	8:16	393	10:36	59.97	5:30:13	5:30	1	5:30:13	1	5:30:13
Fluntern	6.34		5:34	314	11:29	579	13:34	66.31	6:05:35	5:30	1	6:05:35	1	6:05:35
Forch	11.30		4:56	87	14:16	245	17:08	77.61	7:01:23	5:25	1	7:01:23	1	7:01:23
Egg	8.75		5:01	95	10:33	253	11:47	86.36	7:45:21	5:23	1	7:45:21	1	7:45:21
Zumikon	12.99		7:05	464	38:54	775	45:03	99.35	9:17:23	5:36	1	9:17:23	1	9:17:23
Witikon	6.91		5:20	360	13:07	642	15:55	106.26	9:54:20	5:35	1	9:54:20	1	9:54:20
Fluntern	4.90		4:50	91	6:51	264	7:23	111.16	10:18:02	5:33	1	10:18:02	1	10:18:02
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Irchel	5.64		4:34	82	5:36	201	7:10	116.80	10:43:51	5:30	315	2:33:39	612	3:51:55