



38. SOLA-Stafette

Zürich / 07.05.2011

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uiuiui10

□□: FH

□□: 145

□□: 116.80 km

Sola-Stafette

□□□□□: DSQ (of 790)

□□□□□□: 6:52:28

□□□□:

Langsame

□□□□□: DSQ(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:02	360	9:21	633	10:44	4.40	26:33	6:02	1	26:33	1	26:33
Buchlern	13.25		4:17	48	9:18	164	13:48	17.65	1:23:22	4:43	1	1:23:22	1	1:23:22
Uetliberg	6.20		5:30	49	4:54	142	8:30	23.85	1:57:28	4:55	1	1:57:28	1	1:57:28
Felsenegg	5.90		5:19	191	8:46	401	11:27	29.75	2:28:52	5:00	1	2:28:52	1	2:28:52
Buchlern	14.02		5:50	400	30:03	698	34:04	43.77	3:50:44	5:16	1	3:50:44	1	3:50:44
Hönggerberg	11.10		5:16	212	16:46	431	19:27	54.87	4:49:20	5:16	1	4:49:20	1	4:49:20
Irchel	5.10		4:48	72	5:24	194	7:44	59.97	5:13:50	5:13	1	5:13:50	1	5:13:50
Fluntern	6.34		5:26	282	10:37	535	12:42	66.31	5:48:20	5:15	1	5:48:20	1	5:48:20
Forch	11.30	fehlt!	-	-	-	-	-	77.61	-	-	-	-	-	-
Egg	8.75	fehlt!	-	-	-	-	-	86.36	-	-	-	-	-	-
Zumikon	12.99		6:07	407	26:29	709	32:38	99.35	7:07:57	4:18	1	7:07:57	1	7:07:57
Witikon	6.91		5:14	332	12:24	603	15:12	106.26	7:44:11	4:22	1	7:44:11	1	7:44:11
Fluntern	4.90		4:30	44	5:13	148	5:45	111.16	8:06:15	4:22	1	8:06:15	1	8:06:15
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:55	159	7:31	344	9:05	116.80	-	-	-	-	-	-