



38. SOLA-Stafette

Zürich / 07.05.2011

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ABB Team PowerTower

□□: Alumni
 □□: 152

□□: 116.80 km
 Sola-Stafette

□□□□:
 Langsame

□□□: 9:56:56

□□: 11.66 km/h
 □□□□: 5:06 min/km

□□□□□: 278 (of 790)

□□□□□□: 6:52:28

□□□□□: 67(of 477)

□□□□□□□: 8:43:10

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:34	236	7:20	470	8:43	4.40	24:32	5:34	1	24:32	1	24:32
Buchlern	13.25		4:30	110	12:15	279	16:45	17.65	1:24:18	4:46	1	1:24:18	1	1:24:18
Uetliberg	6.20		6:24	268	10:35	511	14:11	23.85	2:04:05	5:12	1	2:04:05	1	2:04:05
Felsenegg	5.90		4:50	79	5:58	203	8:39	29.75	2:32:41	5:07	1	2:32:41	1	2:32:41
Buchlern	14.02		4:50	142	15:57	326	19:58	43.77	3:40:27	5:02	1	3:40:27	1	3:40:27
Hönggerberg	11.10		4:51	102	12:07	246	14:48	54.87	4:34:24	5:00	1	4:34:24	1	4:34:24
Irchel	5.10		5:14	153	7:39	343	9:59	59.97	5:01:09	5:01	1	5:01:09	1	5:01:09
Fluntern	6.34		4:49	77	6:44	210	8:49	66.31	5:31:46	5:00	1	5:31:46	1	5:31:46
Forch	11.30		5:02	124	15:31	301	18:23	77.61	6:28:49	5:00	1	6:28:49	1	6:28:49
Egg	8.75		6:19	429	21:58	729	23:12	86.36	7:24:12	5:08	1	7:24:12	1	7:24:12
Zumikon	12.99		5:20	210	16:13	441	22:22	99.35	8:33:33	5:10	1	8:33:33	1	8:33:33
Witikon	6.91		4:47	213	9:17	440	12:05	106.26	9:06:40	5:08	1	9:06:40	1	9:06:40
Fluntern	4.90		4:09	14	3:33	66	4:05	111.16	9:27:04	5:06	1	9:27:04	1	9:27:04
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Irchel	5.64		5:17	272	9:39	518	11:13	116.80	9:56:56	5:06	76	1:46:44	293	3:05:00