



# 38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

## Amberg Engineering

□□: Alumni

□□: 167

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 9:51:07

□□: 11.77 km/h

□□□□: 5:03 min/km

□□□□□: 241 (of 790)

□□□□□□: 6:52:28

□□□□□: 50(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:05	99	5:12	250	6:35	4.40	22:24	5:05	1	22:24	1	22:24
Buchlern	13.25		4:20	62	10:03	194	14:33	17.65	1:19:58	4:31	1	1:19:58	1	1:19:58
Uetliberg	6.20		7:14	405	15:41	703	19:17	23.85	2:04:51	5:14	1	2:04:51	1	2:04:51
Felsenegg	5.90		4:38	42	4:45	123	7:26	29.75	2:32:14	5:07	1	2:32:14	1	2:32:14
Buchlern	14.02		5:01	214	18:42	444	22:43	43.77	3:42:45	5:05	1	3:42:45	1	3:42:45
Hönggerberg	11.10		4:30	39	8:10	103	10:51	54.87	4:32:45	4:58	1	4:32:45	1	4:32:45
Irchel	5.10		4:54	91	5:57	231	8:17	59.97	4:57:48	4:57	1	4:57:48	1	4:57:48
Fluntern	6.34		5:12	191	9:09	416	11:14	66.31	5:30:50	4:59	1	5:30:50	1	5:30:50
Forch	11.30		5:26	256	19:58	501	22:50	77.61	6:32:20	5:03	1	6:32:20	1	6:32:20
Egg	8.75		4:40	25	7:26	107	8:40	86.36	7:13:11	5:00	1	7:13:11	1	7:13:11
Zumikon	12.99		5:32	278	18:48	543	24:57	99.35	8:25:07	5:05	1	8:25:07	1	8:25:07
Witikon	6.91		5:17	347	12:45	624	15:33	106.26	9:01:42	5:05	1	9:01:42	1	9:01:42
Fluntern	4.90		4:43	73	6:17	225	6:49	111.16	9:24:50	5:04	1	9:24:50	1	9:24:50
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:39	101	6:04	242	7:38	116.80	9:51:07	5:03	58	1:40:55	255	2:59:11