



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## AMCOR PACKAGING ZURICH

□□: Alumni

□□: 168

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 12:05:43

□□: 9.59 km/h

□□□□: 6:12 min/km

□□□□□: 770 (of 790)

□□□□□□: 6:52:28

□□□□□: 465(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		7:57	474	17:47	786	19:10	4.40	34:59	7:57	1	34:59	1	34:59
Buchlern	13.25		6:08	466	33:47	775	38:17	17.65	1:56:17	6:35	1	1:56:17	1	1:56:17
Uetliberg	6.20		6:11	211	9:13	435	12:49	23.85	2:34:42	6:29	1	2:34:42	1	2:34:42
Felsenegg	5.90		7:22	466	20:52	778	23:33	29.75	3:18:12	6:39	1	3:18:12	1	3:18:12
Buchlern	14.02		5:02	222	18:59	455	23:00	43.77	4:29:00	6:08	1	4:29:00	1	4:29:00
Hönggerberg	11.10		5:16	207	16:38	426	19:19	54.87	5:27:28	5:58	1	5:27:28	1	5:27:28
Irchel	5.10		5:44	267	10:12	523	12:32	59.97	5:56:46	5:56	1	5:56:46	1	5:56:46
Fluntern	6.34		7:41	476	24:56	785	27:01	66.31	6:45:35	6:06	1	6:45:35	1	6:45:35
Forch	11.30		7:52	471	47:25	784	50:17	77.61	8:14:32	6:22	1	8:14:32	1	8:14:32
Egg	8.75		6:46	451	25:55	761	27:09	86.36	9:13:52	6:24	1	9:13:52	1	9:13:52
Zumikon	12.99		6:41	456	33:45	764	39:54	99.35	10:40:45	6:26	1	10:40:45	1	10:40:45
Witikon	6.91		4:59	279	10:42	530	13:30	106.26	11:15:17	6:21	1	11:15:17	1	11:15:17
Fluntern	4.90		4:11	17	3:41	71	4:13	111.16	11:35:49	6:15	1	11:35:49	1	11:35:49
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Irchel	5.64		5:18	278	9:41	524	11:15	116.80	12:05:43	6:12	477	3:55:31	790	5:13:47