



38. SOLA-Stafette

Zürich / 07.05.2011

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BASF

□□: Alumni

□□: 178

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:49:20

□□: 10.72 km/h

□□□□: 5:33 min/km

□□□□□: 621 (of 790)

□□□□□□: 6:52:28

□□□□□: 327 (of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		7:21	465	15:12	776	16:35	4.40	32:24	7:21	1	32:24	1	32:24
Buchlern	13.25		4:56	288	17:56	546	22:26	17.65	1:37:51	5:32	1	1:37:51	1	1:37:51
Uetliberg	6.20		6:55	361	13:47	652	17:23	23.85	2:20:50	5:54	1	2:20:50	1	2:20:50
Felsenegg	5.90		5:28	237	9:43	466	12:24	29.75	2:53:11	5:49	1	2:53:11	1	2:53:11
Buchlern	14.02		4:53	160	16:41	363	20:42	43.77	4:01:41	5:31	1	4:01:41	1	4:01:41
Hönggerberg	11.10		4:53	110	12:33	260	15:14	54.87	4:56:04	5:23	1	4:56:04	1	4:56:04
Irchel	5.10		5:30	214	9:00	448	11:20	59.97	5:24:10	5:24	1	5:24:10	1	5:24:10
Fluntern	6.34		5:48	354	12:59	640	15:04	66.31	6:01:02	5:26	1	6:01:02	1	6:01:02
Forch	11.30		5:17	206	18:14	426	21:06	77.61	7:00:48	5:25	1	7:00:48	1	7:00:48
Egg	8.75		5:50	352	17:42	630	18:56	86.36	7:51:55	5:27	1	7:51:55	1	7:51:55
Zumikon	12.99		5:51	365	23:01	655	29:10	99.35	9:08:04	5:30	1	9:08:04	1	9:08:04
Witikon	6.91		6:09	447	18:41	753	21:29	106.26	9:50:35	5:33	1	9:50:35	1	9:50:35
Fluntern	4.90		5:57	349	12:22	632	12:54	111.16	10:19:48	5:34	1	10:19:48	1	10:19:48
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Irchel	5.64		5:14	254	9:19	490	10:53	116.80	10:49:20	5:33	339	2:39:08	640	3:57:24