



38. SOLA-Stafette

Zürich / 07.05.2011

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Edelchrüsler

□□: UNI
□□: 19

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:40:22

□□: 10.87 km/h
□□□□: 5:28 min/km

□□□□□: 575 (of 790)

□□□□□□: 6:52:28

□□□□□: 286(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□	□□ □□	□□□	□□□	□□□	□□ -	□□ -	□□ □□	□□ □□
Hönggerberg	4.40		5:47	293	8:15	554	9:38	4.40	25:27	5:47	1	25:27	1	25:27
Buchlern	13.25		5:16	380	22:26	667	26:56	17.65	1:35:24	5:24	1	1:35:24	1	1:35:24
Uetliberg	6.20		6:25	270	10:39	516	14:15	23.85	2:15:15	5:40	1	2:15:15	1	2:15:15
Felsenegg	5.90		4:34	27	4:22	97	7:03	29.75	2:42:15	5:27	1	2:42:15	1	2:42:15
Buchlern	14.02		4:15	24	7:47	98	11:48	43.77	3:41:51	5:04	1	3:41:51	1	3:41:51
Hönggerberg	11.10		5:28	269	19:00	518	21:41	54.87	4:42:41	5:09	1	4:42:41	1	4:42:41
Irchel	5.10		5:47	274	10:26	534	12:46	59.97	5:12:13	5:12	1	5:12:13	1	5:12:13
Fluntern	6.34		7:39	475	24:43	784	26:48	66.31	6:00:49	5:26	1	6:00:49	1	6:00:49
Forch	11.30		6:31	443	32:17	751	35:09	77.61	7:14:38	5:36	1	7:14:38	1	7:14:38
Egg	8.75		5:30	258	14:49	500	16:03	86.36	8:02:52	5:35	1	8:02:52	1	8:02:52
Zumikon	12.99		5:34	284	19:15	553	25:24	99.35	9:15:15	5:35	1	9:15:15	1	9:15:15
Witikon	6.91		4:26	106	6:49	256	9:37	106.26	9:45:54	5:30	1	9:45:54	1	9:45:54
Fluntern	4.90		5:06	160	8:09	378	8:41	111.16	10:10:54	5:29	1	10:10:54	1	10:10:54
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:13	249	9:15	483	10:49	116.80	10:40:22	5:28	297	2:30:10	593	3:48:26