



38. SOLA-Stafette

Zürich / 07.05.2011

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Bimbarellas GTI

□□: Alumni
 □□: 185

□□: 116.80 km
 Sola-Stafette

□□□□:
 Langsame

□□□: 9:45:17

□□: 11.97 km/h
 □□□□: 5:00 min/km

□□□□□: 211 (of 790)

□□□□□□: 6:52:28

□□□□□: 32(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:08	3	1:00	25	2:23	4.40	18:12	4:08	1	18:12	1	18:12
Buchlern	13.25		4:14	40	8:42	146	13:12	17.65	1:14:25	4:12	1	1:14:25	1	1:14:25
Uetliberg	6.20		5:29	47	4:53	140	8:29	23.85	1:48:30	4:32	1	1:48:30	1	1:48:30
Felsenegg	5.90		6:30	431	15:46	730	18:27	29.75	2:26:54	4:56	1	2:26:54	1	2:26:54
Buchlern	14.02		4:23	42	9:52	141	13:53	43.77	3:28:35	4:45	1	3:28:35	1	3:28:35
Hönggerberg	11.10		5:10	180	15:37	387	18:18	54.87	4:26:02	4:50	1	4:26:02	1	4:26:02
Irchel	5.10		4:47	69	5:18	187	7:38	59.97	4:50:26	4:50	1	4:50:26	1	4:50:26
Fluntern	6.34		5:18	236	9:48	478	11:53	66.31	5:24:07	4:53	1	5:24:07	1	5:24:07
Forch	11.30		4:26	21	8:44	82	11:36	77.61	6:14:23	4:49	1	6:14:23	1	6:14:23
Egg	8.75		4:55	72	9:37	205	10:51	86.36	6:57:25	4:50	1	6:57:25	1	6:57:25
Zumikon	12.99		7:00	463	37:50	774	43:59	99.35	8:28:23	5:07	1	8:28:23	1	8:28:23
Witikon	6.91		4:10	49	4:58	137	7:46	106.26	8:57:11	5:03	1	8:57:11	1	8:57:11
Fluntern	4.90		4:18	29	4:18	104	4:50	111.16	9:18:20	5:01	1	9:18:20	1	9:18:20
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Irchel	5.64		4:46	126	6:44	283	8:18	116.80	9:45:17	5:00	38	1:35:05	222	2:53:21