



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## ButtiButti

□□: Alumni  
□□: 188

□□: 116.80 km  
Sola-Stafette

□□□□:  
Langsame

□□□: 10:28:02

□□: 11.16 km/h  
□□□□: 5:22 min/km

□□□□□: 495 (of 790)

□□□□□□: 6:52:28

□□□□□: 218(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:52	55	4:17	154	5:40	4.40	21:29	4:52	1	21:29	1	21:29
Buchlern	13.25		5:07	337	20:17	616	24:47	17.65	1:29:17	5:03	1	1:29:17	1	1:29:17
Uetliberg	6.20		7:01	379	14:20	670	17:56	23.85	2:12:49	5:34	1	2:12:49	1	2:12:49
Felsenegg	5.90		5:35	275	10:23	521	13:04	29.75	2:45:50	5:34	1	2:45:50	1	2:45:50
Buchlern	14.02		5:39	376	27:29	666	31:30	43.77	4:05:08	5:36	1	4:05:08	1	4:05:08
Hönggerberg	11.10		4:12	12	4:56	41	7:37	54.87	4:51:54	5:19	1	4:51:54	1	4:51:54
Irchel	5.10		5:48	280	10:32	542	12:52	59.97	5:21:32	5:21	1	5:21:32	1	5:21:32
Fluntern	6.34		5:11	185	9:03	407	11:08	66.31	5:54:28	5:20	1	5:54:28	1	5:54:28
Forch	11.30		4:58	99	14:39	263	17:31	77.61	6:50:39	5:17	1	6:50:39	1	6:50:39
Egg	8.75		5:10	134	11:51	321	13:05	86.36	7:35:55	5:16	1	7:35:55	1	7:35:55
Zumikon	12.99		5:45	333	21:40	619	27:49	99.35	8:50:43	5:20	1	8:50:43	1	8:50:43
Witikon	6.91		5:29	391	14:09	680	16:57	106.26	9:28:42	5:21	1	9:28:42	1	9:28:42
Fluntern	4.90		5:41	293	11:02	559	11:34	111.16	9:56:35	5:22	1	9:56:35	1	9:56:35
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Irchel	5.64		5:34	340	11:14	614	12:48	116.80	10:28:02	5:22	229	2:17:50	513	3:36:06