



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

Coca-Cola

□□: Alumni
□□: 193

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:48:37

□□: 10.80 km/h
□□□□: 5:33 min/km

□□□□□: 616 (of 790)

□□□□□□: 6:52:28

□□□□□: 322(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|-----------|-----------|---------------|---------|----------|-----------|-----------|
| Hönggerberg | 4.40 | | 6:11 | 387 | 10:02 | 669 | 11:25 | 4.40 | 27:14 | 6:11 | 1 | 27:14 | 1 | 27:14 |
| Buchlern | 13.25 | | 4:38 | 152 | 13:58 | 358 | 18:28 | 17.65 | 1:28:43 | 5:01 | 1 | 1:28:43 | 1 | 1:28:43 |
| Uetliberg | 6.20 | | 6:02 | 164 | 8:13 | 365 | 11:49 | 23.85 | 2:06:08 | 5:17 | 1 | 2:06:08 | 1 | 2:06:08 |
| Felsenegg | 5.90 | | 9:47 | 477 | 35:10 | 790 | 37:51 | 29.75 | 3:03:56 | 6:10 | 1 | 3:03:56 | 1 | 3:03:56 |
| Buchlern | 14.02 | | 4:22 | 39 | 9:28 | 133 | 13:29 | 43.77 | 4:05:13 | 5:36 | 1 | 4:05:13 | 1 | 4:05:13 |
| Hönggerberg | 11.10 | | 4:43 | 71 | 10:41 | 188 | 13:22 | 54.87 | 4:57:44 | 5:25 | 1 | 4:57:44 | 1 | 4:57:44 |
| Irchel | 5.10 | | 5:10 | 140 | 7:16 | 317 | 9:36 | 59.97 | 5:24:06 | 5:24 | 1 | 5:24:06 | 1 | 5:24:06 |
| Fluntern | 6.34 | | 5:20 | 243 | 9:59 | 487 | 12:04 | 66.31 | 5:57:58 | 5:23 | 1 | 5:57:58 | 1 | 5:57:58 |
| Forch | 11.30 | | 4:56 | 92 | 14:23 | 252 | 17:15 | 77.61 | 6:53:53 | 5:19 | 1 | 6:53:53 | 1 | 6:53:53 |
| Egg | 8.75 | | 7:09 | 462 | 29:09 | 774 | 30:23 | 86.36 | 7:56:27 | 5:31 | 1 | 7:56:27 | 1 | 7:56:27 |
| Zumikon | 12.99 | | 5:30 | 268 | 18:28 | 530 | 24:37 | 99.35 | 9:08:03 | 5:30 | 1 | 9:08:03 | 1 | 9:08:03 |
| Witikon | 6.91 | | 5:05 | 302 | 11:22 | 560 | 14:10 | 106.26 | 9:43:15 | 5:29 | 1 | 9:43:15 | 1 | 9:43:15 |
| Fluntern | 4.90 | | 4:50 | 92 | 6:53 | 265 | 7:25 | 111.16 | 10:06:59 | 5:27 | 1 | 10:06:59 | 1 | 10:06:59 |
| □□□ | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 7:22 | 468 | 21:25 | 781 | 22:59 | 116.80 | 10:48:37 | 5:33 | 334 | 2:38:25 | 635 | 3:56:41 |