



38. SOLA-Stafette

Zürich / 07.05.2011

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Crealogix

□□: Alumni
□□: 195

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:33:56

□□: 10.98 km/h
□□□□: 5:25 min/km

□□□□□: 537 (of 790)

□□□□□□: 6:52:28

□□□□□: 254(of 477)

□□□□□□□: 8:43:10

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□	□□ □□	□□□	□□□	□□□	□□ -	□□ -	□□ □□	□□ □□
Hönggerberg	4.40		5:22	181	6:28	381	7:51	4.40	23:40	5:22	1	23:40	1	23:40
Buchlern	13.25		5:05	328	19:51	605	24:21	17.65	1:31:02	5:09	1	1:31:02	1	1:31:02
Uetliberg	6.20		5:29	47	4:53	140	8:29	23.85	2:05:07	5:14	1	2:05:07	1	2:05:07
Felsenegg	5.90		5:46	321	11:25	584	14:06	29.75	2:39:10	5:21	1	2:39:10	1	2:39:10
Buchlern	14.02		4:21	38	9:23	132	13:24	43.77	3:40:22	5:02	1	3:40:22	1	3:40:22
Hönggerberg	11.10		5:06	166	14:56	364	17:37	54.87	4:37:08	5:03	1	4:37:08	1	4:37:08
Irchel	5.10		8:48	472	25:49	784	28:09	59.97	5:22:03	5:22	1	5:22:03	1	5:22:03
Fluntern	6.34		4:57	111	7:31	274	9:36	66.31	5:53:27	5:19	1	5:53:27	1	5:53:27
Forch	11.30		5:25	249	19:46	491	22:38	77.61	6:54:45	5:20	1	6:54:45	1	6:54:45
Egg	8.75		5:07	123	11:25	302	12:39	86.36	7:39:35	5:19	1	7:39:35	1	7:39:35
Zumikon	12.99		5:02	120	12:27	309	18:36	99.35	8:45:10	5:17	1	8:45:10	1	8:45:10
Witikon	6.91		4:58	274	10:36	523	13:24	106.26	9:19:36	5:15	1	9:19:36	1	9:19:36
Fluntern	4.90		5:59	358	12:29	641	13:01	111.16	9:48:56	5:17	1	9:48:56	1	9:48:56
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		7:58	475	24:47	788	26:21	116.80	10:33:56	5:25	265	2:23:44	555	3:42:00