



38. SOLA-Stafette

Zürich / 07.05.2011

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DDR Milchbuckistan

□□: Alumni

□□: 201

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:53:22

□□: 10.65 km/h

□□□□: 5:35 min/km

□□□□□: 641 (of 790)

□□□□□□: 6:52:28

□□□□□: 346(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hönggerberg	4.40		5:51	313	8:34	576	9:57	4.40	25:46	5:51	1	25:46	1	25:46	
Buchlern	13.25		4:54	269	17:34	525	22:04	17.65	1:30:51	5:08	1	1:30:51	1	1:30:51	
Uetliberg	6.20		6:43	329	12:30	602	16:06	23.85	2:12:33	5:33	1	2:12:33	1	2:12:33	
Felsenegg	5.90		5:50	333	11:49	603	14:30	29.75	2:47:00	5:36	1	2:47:00	1	2:47:00	
Buchlern	14.02		5:22	314	23:27	588	27:28	43.77	4:02:16	5:32	1	4:02:16	1	4:02:16	
Hönggerberg	11.10		5:37	315	20:33	579	23:14	54.87	5:04:39	5:33	1	5:04:39	1	5:04:39	
Irchel	5.10		5:48	277	10:30	539	12:50	59.97	5:34:15	5:34	1	5:34:15	1	5:34:15	
Fluntern	6.34		6:47	462	19:08	769	21:13	66.31	6:17:16	5:41	1	6:17:16	1	6:17:16	
Forch	11.30		5:37	307	22:02	579	24:54	77.61	7:20:50	5:40	1	7:20:50	1	7:20:50	
Egg	8.75		5:19	195	13:10	408	14:24	86.36	8:07:25	5:38	1	8:07:25	1	8:07:25	
Zumikon	12.99		5:26	244	17:29	495	23:38	99.35	9:18:02	5:37	1	9:18:02	1	9:18:02	
Witikon	6.91		4:51	230	9:41	466	12:29	106.26	9:51:33	5:34	1	9:51:33	1	9:51:33	
Fluntern	4.90		6:06	379	13:06	667	13:38	111.16	10:21:30	5:35	1	10:21:30	1	10:21:30	
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-	
Irchel	5.64		5:39	353	11:39	634	13:13	116.80	10:53:22	5:35	358	2:43:10	659	4:01:26	