



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## DDR Milchbuckistan

□□: Alumni  
□□: 201

□□: 116.80 km  
Sola-Stafette

□□□□:  
Langsame

□□□: 10:53:22

□□: 10.65 km/h  
□□□□: 5:35 min/km

□□□□□: 641 (of 790)

□□□□□□: 6:52:28

□□□□□: 346(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

| □□□         | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>-  | □□<br>□□□ | □□<br>□□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|-----------|-----------|---------------|---------|----------|-----------|-----------|
| Hönggerberg | 4.40     |          | 5:51         | 313     | 8:34    | 576       | 9:57      | 4.40      | 25:46     | 5:51          | 1       | 25:46    | 1         | 25:46     |
| Buchlern    | 13.25    |          | 4:54         | 269     | 17:34   | 525       | 22:04     | 17.65     | 1:30:51   | 5:08          | 1       | 1:30:51  | 1         | 1:30:51   |
| Uetliberg   | 6.20     |          | 6:43         | 329     | 12:30   | 602       | 16:06     | 23.85     | 2:12:33   | 5:33          | 1       | 2:12:33  | 1         | 2:12:33   |
| Felsenegg   | 5.90     |          | 5:50         | 333     | 11:49   | 603       | 14:30     | 29.75     | 2:47:00   | 5:36          | 1       | 2:47:00  | 1         | 2:47:00   |
| Buchlern    | 14.02    |          | 5:22         | 314     | 23:27   | 588       | 27:28     | 43.77     | 4:02:16   | 5:32          | 1       | 4:02:16  | 1         | 4:02:16   |
| Hönggerberg | 11.10    |          | 5:37         | 315     | 20:33   | 579       | 23:14     | 54.87     | 5:04:39   | 5:33          | 1       | 5:04:39  | 1         | 5:04:39   |
| Irchel      | 5.10     |          | 5:48         | 277     | 10:30   | 539       | 12:50     | 59.97     | 5:34:15   | 5:34          | 1       | 5:34:15  | 1         | 5:34:15   |
| Fluntern    | 6.34     |          | 6:47         | 462     | 19:08   | 769       | 21:13     | 66.31     | 6:17:16   | 5:41          | 1       | 6:17:16  | 1         | 6:17:16   |
| Forch       | 11.30    |          | 5:37         | 307     | 22:02   | 579       | 24:54     | 77.61     | 7:20:50   | 5:40          | 1       | 7:20:50  | 1         | 7:20:50   |
| Egg         | 8.75     |          | 5:19         | 195     | 13:10   | 408       | 14:24     | 86.36     | 8:07:25   | 5:38          | 1       | 8:07:25  | 1         | 8:07:25   |
| Zumikon     | 12.99    |          | 5:26         | 244     | 17:29   | 495       | 23:38     | 99.35     | 9:18:02   | 5:37          | 1       | 9:18:02  | 1         | 9:18:02   |
| Witikon     | 6.91     |          | 4:51         | 230     | 9:41    | 466       | 12:29     | 106.26    | 9:51:33   | 5:34          | 1       | 9:51:33  | 1         | 9:51:33   |
| Fluntern    | 4.90     |          | 6:06         | 379     | 13:06   | 667       | 13:38     | 111.16    | 10:21:30  | 5:35          | 1       | 10:21:30 | 1         | 10:21:30  |
| □□□         | -        | fehlt!   | -            | -       | -       | -         | -         | 111.16    | -         | -             | -       | -        | -         | -         |
| Irchel      | 5.64     |          | 5:39         | 353     | 11:39   | 634       | 13:13     | 116.80    | 10:53:22  | 5:35          | 358     | 2:43:10  | 659       | 4:01:26   |