



38. SOLA-Stafette

Zürich / 07.05.2011

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ETH-Schlichwürmli

□□: Alumni

□□: 217

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:56:51

□□: 10.60 km/h

□□□□: 5:37 min/km

□□□□□: 655 (of 790)

□□□□□□: 6:52:28

□□□□□: 360(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:47	442	12:41	750	14:04	4.40	29:53	6:47	1	29:53	1	29:53
Buchlern	13.25		5:38	437	27:12	736	31:42	17.65	1:44:36	5:55	1	1:44:36	1	1:44:36
Uetliberg	6.20		6:35	308	11:42	573	15:18	23.85	2:25:30	6:06	1	2:25:30	1	2:25:30
Felsenegg	5.90		5:51	337	11:57	609	14:38	29.75	3:00:05	6:03	1	3:00:05	1	3:00:05
Buchlern	14.02		4:45	120	14:47	284	18:48	43.77	4:06:41	5:38	1	4:06:41	1	4:06:41
Hönggerberg	11.10		4:13	13	5:03	43	7:44	54.87	4:53:34	5:21	1	4:53:34	1	4:53:34
Irchel	5.10		5:40	248	9:50	498	12:10	59.97	5:22:30	5:22	1	5:22:30	1	5:22:30
Fluntern	6.34		5:31	302	11:06	565	13:11	66.31	5:57:29	5:23	1	5:57:29	1	5:57:29
Forch	11.30		5:14	190	17:44	400	20:36	77.61	6:56:45	5:22	1	6:56:45	1	6:56:45
Egg	8.75		7:37	466	33:21	778	34:35	86.36	8:03:31	5:35	1	8:03:31	1	8:03:31
Zumikon	12.99		6:13	423	27:46	727	33:55	99.35	9:24:25	5:40	1	9:24:25	1	9:24:25
Witikon	6.91		5:34	401	14:44	697	17:32	106.26	10:02:59	5:40	1	10:02:59	1	10:02:59
Fluntern	4.90		5:06	163	8:11	381	8:43	111.16	10:28:01	5:38	1	10:28:01	1	10:28:01
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Irchel	5.64		5:06	213	8:37	432	10:11	116.80	10:56:51	5:37	372	2:46:39	674	4:04:55