



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

FASTeam

□□: Deloitte) (Alumni

□□: 220

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:13:39

□□: 11.34 km/h

□□□□: 5:15 min/km

□□□□□: 393 (of 790)

□□□□□□: 6:52:28

□□□□□: 141(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:03	89	5:02	229	6:25	4.40	22:14	5:03	1	22:14	1	22:14
Buchlern	13.25		4:50	239	16:36	481	21:06	17.65	1:26:21	4:53	1	1:26:21	1	1:26:21
Uetliberg	6.20		5:52	114	7:11	284	10:47	23.85	2:02:44	5:08	1	2:02:44	1	2:02:44
Felsenegg	5.90		4:37	34	4:41	115	7:22	29.75	2:30:03	5:02	1	2:30:03	1	2:30:03
Buchlern	14.02		4:40	95	13:46	251	17:47	43.77	3:35:38	4:55	1	3:35:38	1	3:35:38
Hönggerberg	11.10		5:20	232	17:32	464	20:13	54.87	4:35:00	5:00	1	4:35:00	1	4:35:00
Irchel	5.10		5:59	319	11:25	596	13:45	59.97	5:05:31	5:05	1	5:05:31	1	5:05:31
Fluntern	6.34		5:22	258	10:14	505	12:19	66.31	5:39:38	5:07	1	5:39:38	1	5:39:38
Forch	11.30		4:51	69	13:27	209	16:19	77.61	6:34:37	5:05	1	6:34:37	1	6:34:37
Egg	8.75		5:06	120	11:18	297	12:32	86.36	7:19:20	5:05	1	7:19:20	1	7:19:20
Zumikon	12.99		5:49	351	22:32	640	28:41	99.35	8:35:00	5:11	1	8:35:00	1	8:35:00
Witikon	6.91		5:21	363	13:14	645	16:02	106.26	9:12:04	5:11	1	9:12:04	1	9:12:04
Fluntern	4.90		6:00	363	12:34	647	13:06	111.16	9:41:29	5:13	1	9:41:29	1	9:41:29
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:42	363	11:57	647	13:31	116.80	10:13:39	5:15	152	2:03:27	410	3:21:43