



38. SOLA-Stafette

Zürich / 07.05.2011

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Flying Foxes

□□: Alumni

□□: 221

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 11:04:20

□□: 10.48 km/h

□□□□: 5:41 min/km

□□□□□: 690 (of 790)

□□□□□□: 6:52:28

□□□□□: 391(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:52	317	8:37	580	10:00	4.40	25:49	5:52	1	25:49	1	25:49
Buchlern	13.25		5:39	440	27:21	740	31:51	17.65	1:40:41	5:42	1	1:40:41	1	1:40:41
Uetliberg	6.20		6:56	364	13:51	655	17:27	23.85	2:23:44	6:01	1	2:23:44	1	2:23:44
Felsenegg	5.90		5:16	177	8:28	380	11:09	29.75	2:54:50	5:52	1	2:54:50	1	2:54:50
Buchlern	14.02		4:55	177	17:20	389	21:21	43.77	4:03:59	5:34	1	4:03:59	1	4:03:59
Hönggerberg	11.10		5:15	204	16:33	422	19:14	54.87	5:02:22	5:30	1	5:02:22	1	5:02:22
Irchel	5.10		5:43	261	10:05	515	12:25	59.97	5:31:33	5:31	1	5:31:33	1	5:31:33
Fluntern	6.34		5:43	333	12:26	613	14:31	66.31	6:07:52	5:32	1	6:07:52	1	6:07:52
Forch	11.30		6:16	420	29:22	725	32:14	77.61	7:18:46	5:39	1	7:18:46	1	7:18:46
Egg	8.75		6:02	381	19:23	670	20:37	86.36	8:11:34	5:41	1	8:11:34	1	8:11:34
Zumikon	12.99		5:47	348	22:12	636	28:21	99.35	9:26:54	5:42	1	9:26:54	1	9:26:54
Witikon	6.91		5:13	328	12:16	598	15:04	106.26	10:03:00	5:40	1	10:03:00	1	10:03:00
Fluntern	4.90		4:14	24	3:57	87	4:29	111.16	10:23:48	5:36	1	10:23:48	1	10:23:48
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Irchel	5.64		7:11	467	20:19	780	21:53	116.80	11:04:20	5:41	403	2:54:08	709	4:12:24