



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## HfH-Team

□□: Alumni  
 □□: 234

□□: 116.80 km  
 Sola-Stafette

□□□□:  
 Langsame

□□□: 10:58:44

□□: 10.57 km/h  
 □□□□: 5:38 min/km

□□□□□: 664 (of 790)

□□□□□□: 6:52:28

□□□□□: 368(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:27	206	6:51	422	8:14	4.40	24:03	5:27	1	24:03	1	24:03
Buchlern	13.25		4:16	47	9:13	161	13:43	17.65	1:20:47	4:34	1	1:20:47	1	1:20:47
Uetliberg	6.20		7:08	399	15:07	695	18:43	23.85	2:05:06	5:14	1	2:05:06	1	2:05:06
Felsenegg	5.90		5:29	240	9:45	470	12:26	29.75	2:37:29	5:17	1	2:37:29	1	2:37:29
Buchlern	14.02		3:52	4	2:30	21	6:31	43.77	3:31:48	4:50	1	3:31:48	1	3:31:48
Hönggerberg	11.10		8:03	471	47:37	782	50:18	54.87	5:01:15	5:29	1	5:01:15	1	5:01:15
Irchel	5.10		6:39	420	14:52	719	17:12	59.97	5:35:13	5:35	1	5:35:13	1	5:35:13
Fluntern	6.34		5:58	382	14:03	670	16:08	66.31	6:13:09	5:37	1	6:13:09	1	6:13:09
Forch	11.30		6:18	425	29:40	731	32:32	77.61	7:24:21	5:43	1	7:24:21	1	7:24:21
Egg	8.75		4:54	71	9:33	201	10:47	86.36	8:07:19	5:38	1	8:07:19	1	8:07:19
Zumikon	12.99		5:40	308	20:36	582	26:45	99.35	9:21:03	5:38	1	9:21:03	1	9:21:03
Witikon	6.91		3:52	13	2:55	52	5:43	106.26	9:47:48	5:31	1	9:47:48	1	9:47:48
Fluntern	4.90		7:13	468	18:31	778	19:03	111.16	10:23:10	5:36	1	10:23:10	1	10:23:10
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		6:18	436	15:21	745	16:55	116.80	10:58:44	5:38	379	2:48:32	682	4:06:48