



38. SOLA-Stafette

Zürich / 07.05.2011

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Halbgötter im Schweiss

□□: UNI
□□: 24

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:24:38

□□: 11.14 km/h
□□□□: 5:20 min/km

□□□□□: 471 (of 790)

□□□□□□: 6:52:28

□□□□□: 198(of 477)

□□□□□□□: 8:43:10

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:19	164	6:13	349	7:36	4.40	23:25	5:19	1	23:25	1	23:25
Buchlern	13.25		5:03	318	19:31	593	24:01	17.65	1:30:27	5:07	1	1:30:27	1	1:30:27
Uetliberg	6.20		6:08	197	8:53	418	12:29	23.85	2:08:32	5:23	1	2:08:32	1	2:08:32
Felsenegg	5.90		4:46	67	5:35	176	8:16	29.75	2:36:45	5:16	1	2:36:45	1	2:36:45
Buchlern	14.02		6:04	431	33:23	736	37:24	43.77	4:01:57	5:31	1	4:01:57	1	4:01:57
Hönggerberg	11.10		5:46	357	22:19	635	25:00	54.87	5:06:06	5:34	1	5:06:06	1	5:06:06
Irchel	5.10		5:21	178	8:14	390	10:34	59.97	5:33:26	5:33	1	5:33:26	1	5:33:26
Fluntern	6.34		5:01	136	8:01	320	10:06	66.31	6:05:20	5:30	1	6:05:20	1	6:05:20
Forch	11.30		5:22	231	19:14	467	22:06	77.61	7:06:06	5:29	1	7:06:06	1	7:06:06
Egg	8.75		4:57	77	9:56	215	11:10	86.36	7:49:27	5:26	1	7:49:27	1	7:49:27
Zumikon	12.99		5:28	256	17:54	512	24:03	99.35	9:00:29	5:26	1	9:00:29	1	9:00:29
Witikon	6.91		4:18	80	5:59	201	8:47	106.26	9:30:18	5:22	1	9:30:18	1	9:30:18
Fluntern	4.90		4:51	95	6:55	270	7:27	111.16	9:54:04	5:20	1	9:54:04	1	9:54:04
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Irchel	5.64		5:25	307	10:21	564	11:55	116.80	10:24:38	5:20	209	2:14:26	489	3:32:42