



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

Hänggerspätlese

□□: Alumni

□□: 237

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:38:58

□□: 10.89 km/h

□□□□: 5:28 min/km

□□□□□: 568 (of 790)

□□□□□□: 6:52:28

□□□□□: 280(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|----------|-----------|-----------|
| Hönggerberg | 4.40 | | 4:57 | 73 | 4:36 | 189 | 5:59 | 4.40 | 21:48 | 4:57 | 1 | 21:48 | 1 | 21:48 |
| Buchlern | 13.25 | | 4:33 | 126 | 12:47 | 315 | 17:17 | 17.65 | 1:22:06 | 4:39 | 1 | 1:22:06 | 1 | 1:22:06 |
| Uetliberg | 6.20 | | 6:45 | 333 | 12:43 | 610 | 16:19 | 23.85 | 2:04:01 | 5:11 | 1 | 2:04:01 | 1 | 2:04:01 |
| Felsenegg | 5.90 | | 4:35 | 31 | 4:28 | 105 | 7:09 | 29.75 | 2:31:07 | 5:04 | 1 | 2:31:07 | 1 | 2:31:07 |
| Buchlern | 14.02 | | 4:48 | 139 | 15:42 | 313 | 19:43 | 43.77 | 3:38:38 | 4:59 | 1 | 3:38:38 | 1 | 3:38:38 |
| Hönggerberg | 11.10 | | 6:04 | 409 | 25:36 | 698 | 28:17 | 54.87 | 4:46:04 | 5:12 | 1 | 4:46:04 | 1 | 4:46:04 |
| Irchel | 5.10 | | 4:07 | 11 | 1:58 | 44 | 4:18 | 59.97 | 5:07:08 | 5:07 | 1 | 5:07:08 | 1 | 5:07:08 |
| Fluntern | 6.34 | | 6:33 | 452 | 17:41 | 757 | 19:46 | 66.31 | 5:48:42 | 5:15 | 1 | 5:48:42 | 1 | 5:48:42 |
| Forch | 11.30 | | 6:06 | 402 | 27:35 | 703 | 30:27 | 77.61 | 6:57:49 | 5:23 | 1 | 6:57:49 | 1 | 6:57:49 |
| Egg | 8.75 | | 5:18 | 190 | 13:05 | 401 | 14:19 | 86.36 | 7:44:19 | 5:22 | 1 | 7:44:19 | 1 | 7:44:19 |
| Zumikon | 12.99 | | 6:18 | 430 | 28:52 | 734 | 35:01 | 99.35 | 9:06:19 | 5:29 | 1 | 9:06:19 | 1 | 9:06:19 |
| Witikon | 6.91 | | 4:45 | 198 | 9:04 | 421 | 11:52 | 106.26 | 9:39:13 | 5:27 | 1 | 9:39:13 | 1 | 9:39:13 |
| Fluntern | 4.90 | | 5:28 | 237 | 10:00 | 489 | 10:32 | 111.16 | 10:06:04 | 5:27 | 1 | 10:06:04 | 1 | 10:06:04 |
| □□□ | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 5:49 | 381 | 12:41 | 671 | 14:15 | 116.80 | 10:38:58 | 5:28 | 291 | 2:28:46 | 586 | 3:47:02 |