



# 38. SOLA-Stafette

Zürich / 07.05.2011

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LINDT & SPR NGLI Excellence 53%

□□□: 10:08:00

□□: Alumni

□□: - km/h

□□: 257

□□□□: 5:12 min/km

Enduro E Bike

□□□□□: 361 (of 790)

□□□□□□: 6:52:28

□□□□:

□□□□□: 118(of 477)

Langsame

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:40	266	7:45	518	9:08	4.40	24:57	5:40	1	24:57	1	24:57
Buchlern	13.25		4:49	235	16:31	477	21:01	17.65	1:28:59	5:02	1	1:28:59	1	1:28:59
Uetliberg	6.20		4:47	2	0:30	23	4:06	23.85	1:58:41	4:58	1	1:58:41	1	1:58:41
Felsenegg	5.90		5:08	145	7:40	328	10:21	29.75	2:28:59	5:00	1	2:28:59	1	2:28:59
Buchlern	14.02		5:58	422	32:04	726	36:05	43.77	3:52:52	5:19	1	3:52:52	1	3:52:52
Hönggerberg	11.10		4:30	38	8:08	102	10:49	54.87	4:42:50	5:09	1	4:42:50	1	4:42:50
Irchel	5.10		5:00	106	6:26	263	8:46	59.97	5:08:22	5:08	1	5:08:22	1	5:08:22
Fluntern	6.34		4:58	118	7:39	286	9:44	66.31	5:39:54	5:07	1	5:39:54	1	5:39:54
Forch	11.30		6:26	434	31:14	742	34:06	77.61	6:52:40	5:19	1	6:52:40	1	6:52:40
Egg	8.75		4:52	64	9:15	188	10:29	86.36	7:35:20	5:16	1	7:35:20	1	7:35:20
Zumikon	12.99		5:25	237	17:16	483	23:25	99.35	8:45:44	5:17	1	8:45:44	1	8:45:44
Witikon	6.91		4:22	93	6:23	231	9:11	106.26	9:15:57	5:13	1	9:15:57	1	9:15:57
Fluntern	4.90		5:17	205	9:06	444	9:38	111.16	9:41:54	5:14	1	9:41:54	1	9:41:54
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:37	94	5:53	227	7:27	-	10:08:00	-	129	1:57:48	378	3:16:04