



# 38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

## Mit Velos Niggs los!

□□: Alumni

□□: 272

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:59:46

□□: 10.55 km/h

□□□□: 5:38 min/km

□□□□□: 670 (of 790)

□□□□□□: 6:52:28

□□□□□: 373(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:06	104	5:16	259	6:39	4.40	22:28	5:06	1	22:28	1	22:28
Buchlern	13.25		5:42	443	28:01	745	32:31	17.65	1:38:00	5:33	1	1:38:00	1	1:38:00
Uetliberg	6.20		5:42	86	6:10	225	9:46	23.85	2:13:22	5:35	1	2:13:22	1	2:13:22
Felsenegg	5.90		4:48	74	5:47	192	8:28	29.75	2:41:47	5:26	1	2:41:47	1	2:41:47
Buchlern	14.02		4:40	96	13:49	253	17:50	43.77	3:47:25	5:11	1	3:47:25	1	3:47:25
Hönggerberg	11.10		5:52	371	23:22	653	26:03	54.87	4:52:37	5:19	1	4:52:37	1	4:52:37
Irchel	5.10		7:09	454	17:25	758	19:45	59.97	5:29:08	5:29	1	5:29:08	1	5:29:08
Fluntern	6.34		6:08	413	15:04	714	17:09	66.31	6:08:05	5:33	1	6:08:05	1	6:08:05
Forch	11.30		4:56	90	14:20	250	17:12	77.61	7:03:57	5:27	1	7:03:57	1	7:03:57
Egg	8.75		5:31	265	15:00	510	16:14	86.36	7:52:22	5:28	1	7:52:22	1	7:52:22
Zumikon	12.99		6:43	458	34:17	766	40:26	99.35	9:19:47	5:38	1	9:19:47	1	9:19:47
Witikon	6.91		5:59	436	17:32	739	20:20	106.26	10:01:09	5:39	1	10:01:09	1	10:01:09
Fluntern	4.90		5:47	312	11:32	584	12:04	111.16	10:29:32	5:39	1	10:29:32	1	10:29:32
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:21	291	10:01	543	11:35	116.80	10:59:46	5:38	385	2:49:34	689	4:07:50