



38. SOLA-Stafette

Zürich / 07.05.2011

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Rohrbach & Friends

□□: Alumni

□□: 294

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 11:00:40

□□: 10.61 km/h

□□□□: 5:39 min/km

□□□□□: 676 (of 790)

□□□□□□: 6:52:28

□□□□□: 379(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:52	319	8:39	583	10:02	4.40	25:51	5:52	1	25:51	1	25:51
Buchlern	13.25		5:33	429	26:03	727	30:33	17.65	1:39:25	5:37	1	1:39:25	1	1:39:25
Uetliberg	6.20		7:34	430	17:43	732	21:19	23.85	2:26:20	6:08	1	2:26:20	1	2:26:20
Felsenegg	5.90		6:59	455	18:35	765	21:16	29.75	3:07:33	6:18	1	3:07:33	1	3:07:33
Buchlern	14.02		5:21	311	23:23	584	27:24	43.77	4:22:45	6:00	1	4:22:45	1	4:22:45
Hönggerberg	11.10		6:04	409	25:36	698	28:17	54.87	5:30:11	6:01	1	5:30:11	1	5:30:11
Irchel	5.10		6:12	352	12:34	640	14:54	59.97	6:01:51	6:02	1	6:01:51	1	6:01:51
Fluntern	6.34		5:09	172	8:51	383	10:56	66.31	6:34:35	5:57	1	6:34:35	1	6:34:35
Forch	11.30		6:16	419	29:20	723	32:12	77.61	7:45:27	5:59	1	7:45:27	1	7:45:27
Egg	8.75		5:00	90	10:23	245	11:37	86.36	8:29:15	5:53	1	8:29:15	1	8:29:15
Zumikon	12.99		4:23	12	3:56	63	10:05	99.35	9:26:19	5:42	1	9:26:19	1	9:26:19
Witikon	6.91		5:01	289	10:54	542	13:42	106.26	10:01:03	5:39	1	10:01:03	1	10:01:03
Fluntern	4.90		6:07	380	13:09	668	13:41	111.16	10:31:03	5:40	1	10:31:03	1	10:31:03
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Irchel	5.64		5:15	260	9:24	498	10:58	116.80	11:00:40	5:39	391	2:50:28	695	4:08:44