



38. SOLA-Stafette

Zürich / 07.05.2011

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RUAG Space racers

□□: Alumni
 □□: 295

□□: 116.80 km
 Sola-Stafette

□□□□:
 Langsame

□□□: 10:14:52

□□: 11.32 km/h
 □□□□: 5:15 min/km

□□□□□: 402 (of 790)

□□□□□□: 6:52:28

□□□□□: 146 (of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:09	385	9:53	665	11:16	4.40	27:05	6:09	1	27:05	1	27:05
Buchlern	13.25		4:20	60	9:56	191	14:26	17.65	1:24:32	4:47	1	1:24:32	1	1:24:32
Uetliberg	6.20		6:24	263	10:30	504	14:06	23.85	2:04:14	5:12	1	2:04:14	1	2:04:14
Felsenegg	5.90		4:56	105	6:30	256	9:11	29.75	2:33:22	5:09	1	2:33:22	1	2:33:22
Buchlern	14.02		4:56	179	17:25	393	21:26	43.77	3:42:36	5:05	1	3:42:36	1	3:42:36
Hönggerberg	11.10		5:28	266	18:59	515	21:40	54.87	4:43:25	5:09	1	4:43:25	1	4:43:25
Irchel	5.10		4:36	41	4:25	127	6:45	59.97	5:06:56	5:07	1	5:06:56	1	5:06:56
Fluntern	6.34		5:11	184	9:02	406	11:07	66.31	5:39:51	5:07	1	5:39:51	1	5:39:51
Forch	11.30		4:46	55	12:29	180	15:21	77.61	6:33:52	5:04	1	6:33:52	1	6:33:52
Egg	8.75		5:26	228	14:15	468	15:29	86.36	7:21:32	5:06	1	7:21:32	1	7:21:32
Zumikon	12.99		5:51	366	23:02	656	29:11	99.35	8:37:42	5:12	1	8:37:42	1	8:37:42
Witikon	6.91		4:57	268	10:23	514	13:11	106.26	9:11:55	5:11	1	9:11:55	1	9:11:55
Fluntern	4.90		5:17	203	9:04	441	9:36	111.16	9:37:50	5:11	1	9:37:50	1	9:37:50
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Irchel	5.64		6:33	451	16:49	761	18:23	116.80	10:14:52	5:15	157	2:04:40	419	3:22:56