



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

Isa & Bobby

□□: UNI

□□: 31

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 9:32:54

□□: 12.23 km/h

□□□□: 4:54 min/km

□□□□□: 150 (of 790)

□□□□□□: 6:52:28

□□□□□: 15(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|---------|------|---------|---------|-----------|-----------|
| Hönggerberg | 4.40 | | 4:51 | 47 | 4:11 | 145 | 5:34 | 4.40 | 21:23 | 4:51 | 1 | 21:23 | 1 | 21:23 |
| Buchlern | 13.25 | | 4:45 | 199 | 15:30 | 424 | 20:00 | 17.65 | 1:24:24 | 4:46 | 1 | 1:24:24 | 1 | 1:24:24 |
| Uetliberg | 6.20 | | 6:16 | 227 | 9:40 | 458 | 13:16 | 23.85 | 2:03:16 | 5:10 | 1 | 2:03:16 | 1 | 2:03:16 |
| Felsenegg | 5.90 | | 4:34 | 26 | 4:21 | 96 | 7:02 | 29.75 | 2:30:15 | 5:03 | 1 | 2:30:15 | 1 | 2:30:15 |
| Buchlern | 14.02 | | 4:40 | 92 | 13:37 | 246 | 17:38 | 43.77 | 3:35:41 | 4:55 | 1 | 3:35:41 | 1 | 3:35:41 |
| Hönggerberg | 11.10 | | 4:47 | 88 | 11:19 | 220 | 14:00 | 54.87 | 4:28:50 | 4:53 | 1 | 4:28:50 | 1 | 4:28:50 |
| Irchel | 5.10 | | 4:22 | 22 | 3:14 | 78 | 5:34 | 59.97 | 4:51:10 | 4:51 | 1 | 4:51:10 | 1 | 4:51:10 |
| Fluntern | 6.34 | | 4:16 | 14 | 3:12 | 55 | 5:17 | 66.31 | 5:18:15 | 4:47 | 1 | 5:18:15 | 1 | 5:18:15 |
| Forch | 11.30 | | 5:00 | 111 | 15:04 | 280 | 17:56 | 77.61 | 6:14:51 | 4:49 | 1 | 6:14:51 | 1 | 6:14:51 |
| Egg | 8.75 | | 5:29 | 249 | 14:38 | 490 | 15:52 | 86.36 | 7:02:54 | 4:53 | 1 | 7:02:54 | 1 | 7:02:54 |
| Zumikon | 12.99 | | 5:14 | 180 | 14:54 | 396 | 21:03 | 99.35 | 8:10:56 | 4:56 | 1 | 8:10:56 | 1 | 8:10:56 |
| Witikon | 6.91 | | 4:25 | 105 | 6:46 | 255 | 9:34 | 106.26 | 8:41:32 | 4:54 | 1 | 8:41:32 | 1 | 8:41:32 |
| Fluntern | 4.90 | | 4:36 | 61 | 5:42 | 189 | 6:14 | 111.16 | 9:04:05 | 4:53 | 1 | 9:04:05 | 1 | 9:04:05 |
| □□□ | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 5:06 | 212 | 8:36 | 430 | 10:10 | 116.80 | 9:32:54 | 4:54 | 20 | 1:22:42 | 159 | 2:40:58 |