



38. SOLA-Stafette

Zürich / 07.05.2011

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SOLAllianz Suisse I

□□: Alumni
□□: 313

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 9:57:11

□□: 11.65 km/h
□□□□: 5:06 min/km

□□□□□: 281 (of 790)

□□□□□□: 6:52:28

□□□□□: 70 (of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		7:16	463	14:50	774	16:13	4.40	32:02	7:16	1	32:02	1	32:02
Buchlern	13.25		4:16	44	9:07	156	13:37	17.65	1:28:40	5:01	1	1:28:40	1	1:28:40
Uetliberg	6.20		7:09	401	15:12	697	18:48	23.85	2:13:04	5:34	1	2:13:04	1	2:13:04
Felsenegg	5.90		5:15	174	8:23	374	11:04	29.75	2:44:05	5:30	1	2:44:05	1	2:44:05
Buchlern	14.02		4:58	195	18:00	418	22:01	43.77	3:53:54	5:20	1	3:53:54	1	3:53:54
Hönggerberg	11.10		4:35	53	9:13	132	11:54	54.87	4:44:57	5:11	1	4:44:57	1	4:44:57
Irchel	5.10		6:11	350	12:28	636	14:48	59.97	5:16:31	5:16	1	5:16:31	1	5:16:31
Fluntern	6.34		5:14	205	9:20	433	11:25	66.31	5:49:44	5:16	1	5:49:44	1	5:49:44
Forch	11.30		5:17	204	18:12	423	21:04	77.61	6:49:28	5:16	1	6:49:28	1	6:49:28
Egg	8.75		5:06	117	11:16	294	12:30	86.36	7:34:09	5:15	1	7:34:09	1	7:34:09
Zumikon	12.99		4:45	55	8:38	182	14:47	99.35	8:35:55	5:11	1	8:35:55	1	8:35:55
Witikon	6.91		4:20	85	6:08	213	8:56	106.26	9:05:53	5:08	1	9:05:53	1	9:05:53
Fluntern	4.90		4:42	69	6:13	219	6:45	111.16	9:28:57	5:07	1	9:28:57	1	9:28:57
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Irchel	5.64		5:00	190	8:01	389	9:35	116.80	9:57:11	5:06	79	1:46:59	296	3:05:15