



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

speedy WiMa

□□: Alumni
□□: 319

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:33:06

□□: 10.99 km/h
□□□□: 5:25 min/km

□□□□□: 530 (of 790)

□□□□□□: 6:52:28

□□□□□: 248(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|-----------|-----------|---------------|---------|----------|-----------|-----------|
| Hönggerberg | 4.40 | | 4:27 | 14 | 2:23 | 61 | 3:46 | 4.40 | 19:35 | 4:27 | 1 | 19:35 | 1 | 19:35 |
| Buchlern | 13.25 | | 4:30 | 107 | 12:09 | 275 | 16:39 | 17.65 | 1:19:15 | 4:29 | 1 | 1:19:15 | 1 | 1:19:15 |
| Uetliberg | 6.20 | | 5:27 | 42 | 4:38 | 129 | 8:14 | 23.85 | 1:53:05 | 4:44 | 1 | 1:53:05 | 1 | 1:53:05 |
| Felsenegg | 5.90 | | 5:32 | 259 | 10:04 | 498 | 12:45 | 29.75 | 2:25:47 | 4:54 | 1 | 2:25:47 | 1 | 2:25:47 |
| Buchlern | 14.02 | | 5:43 | 390 | 28:31 | 682 | 32:32 | 43.77 | 3:46:07 | 5:09 | 1 | 3:46:07 | 1 | 3:46:07 |
| Hönggerberg | 11.10 | | 5:54 | 382 | 23:44 | 665 | 26:25 | 54.87 | 4:51:41 | 5:18 | 1 | 4:51:41 | 1 | 4:51:41 |
| Irchel | 5.10 | | 5:34 | 227 | 9:20 | 466 | 11:40 | 59.97 | 5:20:07 | 5:20 | 1 | 5:20:07 | 1 | 5:20:07 |
| Fluntern | 6.34 | | 5:54 | 372 | 13:35 | 658 | 15:40 | 66.31 | 5:57:35 | 5:23 | 1 | 5:57:35 | 1 | 5:57:35 |
| Forch | 11.30 | | 5:34 | 296 | 21:31 | 564 | 24:23 | 77.61 | 7:00:38 | 5:25 | 1 | 7:00:38 | 1 | 7:00:38 |
| Egg | 8.75 | | 5:16 | 165 | 12:42 | 371 | 13:56 | 86.36 | 7:46:45 | 5:24 | 1 | 7:46:45 | 1 | 7:46:45 |
| Zumikon | 12.99 | | 6:22 | 435 | 29:47 | 740 | 35:56 | 99.35 | 9:09:40 | 5:31 | 1 | 9:09:40 | 1 | 9:09:40 |
| Witikon | 6.91 | | 4:25 | 104 | 6:45 | 253 | 9:33 | 106.26 | 9:40:15 | 5:27 | 1 | 9:40:15 | 1 | 9:40:15 |
| Fluntern | 4.90 | | 5:31 | 249 | 10:13 | 503 | 10:45 | 111.16 | 10:07:19 | 5:27 | 1 | 10:07:19 | 1 | 10:07:19 |
| □□□ | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 4:34 | 79 | 5:34 | 197 | 7:08 | 116.80 | 10:33:06 | 5:25 | 259 | 2:22:54 | 548 | 3:41:10 |