



38. SOLA-Stafette

Zürich / 07.05.2011

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Sport@PwC

□□: Alumni

□□: 320

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:39:17

□□: 10.96 km/h

□□□□: 5:28 min/km

□□□□□: 569 (of 790)

□□□□□□: 6:52:28

□□□□□: 281(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□
Hönggerberg	4.40		4:54	60	4:22	160	5:45	4.40	21:34	4:54	1	21:34	1	21:34
Buchlern	13.25		4:17	48	9:18	164	13:48	17.65	1:18:23	4:26	1	1:18:23	1	1:18:23
Uetliberg	6.20		6:08	188	8:50	406	12:26	23.85	1:56:25	4:52	1	1:56:25	1	1:56:25
Felsenegg	5.90		5:24	212	9:14	433	11:55	29.75	2:28:17	4:59	1	2:28:17	1	2:28:17
Buchlern	14.02		5:57	417	31:48	721	35:49	43.77	3:51:54	5:17	1	3:51:54	1	3:51:54
Hönggerberg	11.10		4:46	84	11:07	211	13:48	54.87	4:44:51	5:11	1	4:44:51	1	4:44:51
Irchel	5.10		11:47	476	41:01	788	43:21	59.97	5:44:58	5:45	1	5:44:58	1	5:44:58
Fluntern	6.34		4:39	50	5:36	146	7:41	66.31	6:14:27	5:38	1	6:14:27	1	6:14:27
Forch	11.30		5:06	142	16:08	331	19:00	77.61	7:12:07	5:34	1	7:12:07	1	7:12:07
Egg	8.75		4:50	58	8:55	175	10:09	86.36	7:54:27	5:29	1	7:54:27	1	7:54:27
Zumikon	12.99		5:59	383	24:36	683	30:45	99.35	9:12:11	5:33	1	9:12:11	1	9:12:11
Witikon	6.91		5:13	329	12:18	599	15:06	106.26	9:48:19	5:32	1	9:48:19	1	9:48:19
Fluntern	4.90		5:22	219	9:31	468	10:03	111.16	10:14:41	5:31	1	10:14:41	1	10:14:41
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:21	38	4:23	110	5:57	116.80	10:39:17	5:28	292	2:29:05	587	3:47:21