



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

Städtebautheorie

□□: Alumni
 □□: 321

□□: 116.80 km
 Sola-Stafette

□□□□:
 Langsame

□□□: 10:04:32

□□: 11.51 km/h
 □□□□: 5:10 min/km

□□□□□: 335 (of 790)

□□□□□□: 6:52:28

□□□□□: 102(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|-----------|-----------|---------------|---------|---------|-----------|-----------|
| Hönggerberg | 4.40 | | 5:53 | 327 | 8:45 | 591 | 10:08 | 4.40 | 25:57 | 5:53 | 1 | 25:57 | 1 | 25:57 |
| Buchlern | 13.25 | | 4:40 | 170 | 14:25 | 383 | 18:55 | 17.65 | 1:27:53 | 4:58 | 1 | 1:27:53 | 1 | 1:27:53 |
| Uetliberg | 6.20 | | 6:02 | 167 | 8:18 | 371 | 11:54 | 23.85 | 2:05:23 | 5:15 | 1 | 2:05:23 | 1 | 2:05:23 |
| Felsenegg | 5.90 | | 4:38 | 39 | 4:43 | 120 | 7:24 | 29.75 | 2:32:44 | 5:08 | 1 | 2:32:44 | 1 | 2:32:44 |
| Buchlern | 14.02 | | 4:37 | 83 | 12:59 | 227 | 17:00 | 43.77 | 3:37:32 | 4:58 | 1 | 3:37:32 | 1 | 3:37:32 |
| Hönggerberg | 11.10 | | 5:03 | 154 | 14:24 | 338 | 17:05 | 54.87 | 4:33:46 | 4:59 | 1 | 4:33:46 | 1 | 4:33:46 |
| Irchel | 5.10 | | 5:28 | 204 | 8:49 | 431 | 11:09 | 59.97 | 5:01:41 | 5:01 | 1 | 5:01:41 | 1 | 5:01:41 |
| Fluntern | 6.34 | | 5:19 | 239 | 9:54 | 483 | 11:59 | 66.31 | 5:35:28 | 5:03 | 1 | 5:35:28 | 1 | 5:35:28 |
| Forch | 11.30 | | 5:06 | 145 | 16:15 | 336 | 19:07 | 77.61 | 6:33:15 | 5:04 | 1 | 6:33:15 | 1 | 6:33:15 |
| Egg | 8.75 | | 4:19 | 10 | 4:23 | 44 | 5:37 | 86.36 | 7:11:03 | 4:59 | 1 | 7:11:03 | 1 | 7:11:03 |
| Zumikon | 12.99 | | 4:59 | 100 | 11:41 | 275 | 17:50 | 99.35 | 8:15:52 | 4:59 | 1 | 8:15:52 | 1 | 8:15:52 |
| Witikon | 6.91 | | 5:27 | 384 | 13:55 | 670 | 16:43 | 106.26 | 8:53:37 | 5:01 | 1 | 8:53:37 | 1 | 8:53:37 |
| Fluntern | 4.90 | | 5:58 | 353 | 12:25 | 636 | 12:57 | 111.16 | 9:22:53 | 5:03 | 1 | 9:22:53 | 1 | 9:22:53 |
| □□□ | - | fehlt! | - | - | - | - | - | 111.16 | - | - | - | - | - | - |
| Irchel | 5.64 | | 7:23 | 470 | 21:26 | 783 | 23:00 | 116.80 | 10:04:32 | 5:10 | 112 | 1:54:20 | 351 | 3:12:36 |