



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Stern Stewart

□□: Alumni

□□: 323

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 11:15:05

□□: 10.38 km/h

□□□□: 5:46 min/km

□□□□□: 719 (of 790)

□□□□□□: 6:52:28

□□□□□: 416(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

| □□□         | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□    | □□□      | □□□  | □□<br>- | □□<br>-  | □□<br>□□□ | □□<br>□□□ |
|-------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|----------|-----------|-----------|
| Hönggerberg | 4.40     |          | 6:15         | 399     | 10:22   | 686       | 11:45     | 4.40   | 27:34    | 6:15 | 1       | 27:34    | 1         | 27:34     |
| Buchlern    | 13.25    |          | 4:46         | 212     | 15:44   | 442       | 20:14     | 17.65  | 1:30:49  | 5:08 | 1       | 1:30:49  | 1         | 1:30:49   |
| Uetliberg   | 6.20     |          | 7:58         | 449     | 20:14   | 754       | 23:50     | 23.85  | 2:20:15  | 5:52 | 1       | 2:20:15  | 1         | 2:20:15   |
| Felsenegg   | 5.90     |          | 7:43         | 472     | 22:59   | 785       | 25:40     | 29.75  | 3:05:52  | 6:14 | 1       | 3:05:52  | 1         | 3:05:52   |
| Buchlern    | 14.02    |          | 5:00         | 204     | 18:17   | 429       | 22:18     | 43.77  | 4:15:58  | 5:50 | 1       | 4:15:58  | 1         | 4:15:58   |
| Hönggerberg | 11.10    |          | 5:40         | 328     | 21:09   | 597       | 23:50     | 54.87  | 5:18:57  | 5:48 | 1       | 5:18:57  | 1         | 5:18:57   |
| Irchel      | 5.10     |          | 6:14         | 359     | 12:43   | 649       | 15:03     | 59.97  | 5:50:46  | 5:50 | 1       | 5:50:46  | 1         | 5:50:46   |
| Fluntern    | 6.34     |          | 6:13         | 418     | 15:35   | 720       | 17:40     | 66.31  | 6:30:14  | 5:53 | 1       | 6:30:14  | 1         | 6:30:14   |
| Forch       | 11.30    |          | 6:00         | 393     | 26:20   | 690       | 29:12     | 77.61  | 7:38:06  | 5:54 | 1       | 7:38:06  | 1         | 7:38:06   |
| Egg         | 8.75     |          | 6:57         | 456     | 27:30   | 766       | 28:44     | 86.36  | 8:39:01  | 6:00 | 1       | 8:39:01  | 1         | 8:39:01   |
| Zumikon     | 12.99    |          | 4:37         | 35      | 6:51    | 132       | 13:00     | 99.35  | 9:39:00  | 5:49 | 1       | 9:39:00  | 1         | 9:39:00   |
| Witikon     | 6.91     |          | 4:46         | 209     | 9:12    | 435       | 12:00     | 106.26 | 10:12:02 | 5:45 | 1       | 10:12:02 | 1         | 10:12:02  |
| Fluntern    | 4.90     |          | 5:10         | 180     | 8:29    | 402       | 9:01      | 111.16 | 10:37:22 | 5:44 | 1       | 10:37:22 | 1         | 10:37:22  |
| □□□         | -        | fehlt!   | -            | -       | -       | -         | -         | 111.16 | -        | -    | -       | -        | -         | -         |
| Irchel      | 5.64     |          | 6:41         | 456     | 17:30   | 767       | 19:04     | 116.80 | 11:15:05 | 5:46 | 428     | 3:04:53  | 739       | 4:23:09   |