



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Uetlibergsprinter

□□: Alumni

□□: 347

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:39:23

□□: 10.89 km/h

□□□□: 5:28 min/km

□□□□□: 571 (of 790)

□□□□□□: 6:52:28

□□□□□: 282(of 477)

□□□□□□□: 8:43:10

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□
Hönggerberg	4.40		6:24	413	10:58	710	12:21	4.40	28:10	6:24	1	28:10	1	28:10
Buchlern	13.25		4:11	29	7:56	117	12:26	17.65	1:23:37	4:44	1	1:23:37	1	1:23:37
Uetliberg	6.20		6:33	301	11:29	564	15:05	23.85	2:04:18	5:12	1	2:04:18	1	2:04:18
Felsenegg	5.90		5:33	265	10:09	507	12:50	29.75	2:37:05	5:16	1	2:37:05	1	2:37:05
Buchlern	14.02		5:10	258	20:44	507	24:45	43.77	3:49:38	5:14	1	3:49:38	1	3:49:38
Hönggerberg	11.10		6:48	458	33:46	767	36:27	54.87	5:05:14	5:33	1	5:05:14	1	5:05:14
Irchel	5.10		5:17	162	7:53	358	10:13	59.97	5:32:13	5:32	1	5:32:13	1	5:32:13
Fluntern	6.34		6:02	391	14:26	682	16:31	66.31	6:10:32	5:35	1	6:10:32	1	6:10:32
Forch	11.30		5:47	351	23:57	637	26:49	77.61	7:16:01	5:37	1	7:16:01	1	7:16:01
Egg	8.75		5:00	88	10:20	240	11:34	86.36	7:59:46	5:33	1	7:59:46	1	7:59:46
Zumikon	12.99		5:28	253	17:53	509	24:02	99.35	9:10:47	5:32	1	9:10:47	1	9:10:47
Witikon	6.91		4:53	247	10:01	490	12:49	106.26	9:44:38	5:30	1	9:44:38	1	9:44:38
Fluntern	4.90		5:13	192	8:47	425	9:19	111.16	10:10:16	5:29	1	10:10:16	1	10:10:16
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Irchel	5.64		5:09	227	8:54	456	10:28	116.80	10:39:23	5:28	293	2:29:11	589	3:47:27