



38. SOLA-Stafette

Zürich / 07.05.2011

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United NationZ

□□: Alumni

□□: 350

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:57:46

□□: 10.58 km/h

□□□□: 5:37 min/km

□□□□□: 661 (of 790)

□□□□□□: 6:52:28

□□□□□: 366(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		6:33	430	11:39	732	13:02	4.40	28:51	6:33	1	28:51	1	28:51
Buchlern	13.25		4:55	282	17:51	539	22:21	17.65	1:34:13	5:20	1	1:34:13	1	1:34:13
Uetliberg	6.20		6:46	337	12:47	615	16:23	23.85	2:16:12	5:42	1	2:16:12	1	2:16:12
Felsenegg	5.90		6:23	426	15:04	721	17:45	29.75	2:53:54	5:50	1	2:53:54	1	2:53:54
Buchlern	14.02		6:17	450	36:18	758	40:19	43.77	4:22:01	5:59	1	4:22:01	1	4:22:01
Hönggerberg	11.10		4:23	27	6:56	76	9:37	54.87	5:10:47	5:39	1	5:10:47	1	5:10:47
Irchel	5.10		6:40	422	14:56	721	17:16	59.97	5:44:49	5:44	1	5:44:49	1	5:44:49
Fluntern	6.34		5:08	166	8:43	375	10:48	66.31	6:17:25	5:41	1	6:17:25	1	6:17:25
Forch	11.30		5:45	339	23:30	622	26:22	77.61	7:22:27	5:42	1	7:22:27	1	7:22:27
Egg	8.75		5:13	146	12:17	338	13:31	86.36	8:08:09	5:39	1	8:08:09	1	8:08:09
Zumikon	12.99		6:30	442	31:29	748	37:38	99.35	9:32:46	5:45	1	9:32:46	1	9:32:46
Witikon	6.91		4:55	261	10:14	506	13:02	106.26	10:06:50	5:42	1	10:06:50	1	10:06:50
Fluntern	4.90		5:29	241	10:02	494	10:34	111.16	10:33:43	5:42	1	10:33:43	1	10:33:43
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:15	25	3:50	83	5:24	116.80	10:57:46	5:37	378	2:47:34	680	4:05:50