



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## VISCHER and friends

□□: Alumni  
 □□: 355

□□: 116.80 km  
 Sola-Stafette

□□□□:  
 Langsame

□□□: 11:04:31

□□: 10.47 km/h  
 □□□□: 5:41 min/km

□□□□□: 691 (of 790)

□□□□□□: 6:52:28

□□□□□: 392(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:13	143	5:49	319	7:12	4.40	23:01	5:13	1	23:01	1	23:01
Buchlern	13.25		5:47	453	29:17	757	33:47	17.65	1:39:49	5:39	1	1:39:49	1	1:39:49
Uetliberg	6.20		7:15	409	15:47	707	19:23	23.85	2:24:48	6:04	1	2:24:48	1	2:24:48
Felsenegg	5.90		5:58	369	12:35	651	15:16	29.75	3:00:01	6:03	1	3:00:01	1	3:00:01
Buchlern	14.02		5:24	328	24:01	605	28:02	43.77	4:15:51	5:50	1	4:15:51	1	4:15:51
Hönggerberg	11.10		6:14	423	27:30	720	30:11	54.87	5:25:11	5:55	1	5:25:11	1	5:25:11
Irchel	5.10		6:47	434	15:30	734	17:50	59.97	5:59:47	5:59	1	5:59:47	1	5:59:47
Fluntern	6.34		4:57	114	7:36	279	9:41	66.31	6:31:16	5:54	1	6:31:16	1	6:31:16
Forch	11.30		4:44	50	12:08	168	15:00	77.61	7:24:56	5:43	1	7:24:56	1	7:24:56
Egg	8.75		5:40	307	16:18	569	17:32	86.36	8:14:39	5:43	1	8:14:39	1	8:14:39
Zumikon	12.99		5:38	300	20:13	573	26:22	99.35	9:28:00	5:43	1	9:28:00	1	9:28:00
Witikon	6.91		5:25	375	13:37	659	16:25	106.26	10:05:27	5:41	1	10:05:27	1	10:05:27
Fluntern	4.90		6:04	375	12:57	662	13:29	111.16	10:35:15	5:42	1	10:35:15	1	10:35:15
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Irchel	5.64		5:11	237	9:03	469	10:37	116.80	11:04:31	5:41	404	2:54:19	710	4:12:35