



38. SOLA-Stafette

Zürich / 07.05.2011

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Paperlapapp

□□: UNI
□□: 36

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 9:48:59

□□: 11.82 km/h
□□□□: 5:02 min/km

□□□□□: 232 (of 790)

□□□□□□: 6:52:28

□□□□□: 44(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:52	53	4:15	152	5:38	4.40	21:27	4:52	1	21:27	1	21:27
Buchlern	13.25		4:24	81	10:49	229	15:19	17.65	1:19:47	4:31	1	1:19:47	1	1:19:47
Uetliberg	6.20		6:01	163	8:11	363	11:47	23.85	1:57:10	4:54	1	1:57:10	1	1:57:10
Felsenegg	5.90		4:10	7	2:01	29	4:42	29.75	2:21:49	4:46	1	2:21:49	1	2:21:49
Buchlern	14.02		4:32	67	11:50	188	15:51	43.77	3:25:28	4:41	1	3:25:28	1	3:25:28
Hönggerberg	11.10		5:45	353	22:06	629	24:47	54.87	4:29:24	4:54	1	4:29:24	1	4:29:24
Irchel	5.10		5:43	261	10:05	515	12:25	59.97	4:58:35	4:58	1	4:58:35	1	4:58:35
Fluntern	6.34		5:29	295	10:55	555	13:00	66.31	5:33:23	5:01	1	5:33:23	1	5:33:23
Forch	11.30		5:00	110	15:02	279	17:54	77.61	6:29:57	5:01	1	6:29:57	1	6:29:57
Egg	8.75		4:43	32	7:55	124	9:09	86.36	7:11:17	4:59	1	7:11:17	1	7:11:17
Zumikon	12.99		5:09	155	13:58	360	20:07	99.35	8:18:23	5:00	1	8:18:23	1	8:18:23
Witikon	6.91		4:42	181	8:42	391	11:30	106.26	8:50:55	4:59	1	8:50:55	1	8:50:55
Fluntern	4.90		6:15	398	13:50	691	14:22	111.16	9:21:36	5:03	1	9:21:36	1	9:21:36
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		4:51	147	7:10	322	8:44	116.80	9:48:59	5:02	51	1:38:47	245	2:57:03