



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Weinschwärmer

□□: Alumni  
 □□: 363

□□: 116.80 km  
 Sola-Stafette

□□□□:  
 Langsame

□□□: 10:32:49

□□: 11.07 km/h  
 □□□□: 5:25 min/km

□□□□□: 527 (of 790)

□□□□□□: 6:52:28

□□□□□: 245 (of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hönggerberg	4.40		5:51	313	8:34	576	9:57	4.40	25:46	5:51	1	25:46	1	25:46	
Buchlern	13.25		5:12	364	21:32	648	26:02	17.65	1:34:49	5:22	1	1:34:49	1	1:34:49	
Uetliberg	6.20		6:16	227	9:40	458	13:16	23.85	2:13:41	5:36	1	2:13:41	1	2:13:41	
Felsenegg	5.90		5:17	182	8:34	388	11:15	29.75	2:44:53	5:32	1	2:44:53	1	2:44:53	
Buchlern	14.02		4:51	153	16:23	351	20:24	43.77	3:53:05	5:19	1	3:53:05	1	3:53:05	
Hönggerberg	11.10		5:32	294	19:42	551	22:23	54.87	4:54:37	5:22	1	4:54:37	1	4:54:37	
Irchel	5.10		5:57	313	11:18	589	13:38	59.97	5:25:01	5:25	1	5:25:01	1	5:25:01	
Fluntern	6.34		5:13	200	9:15	427	11:20	66.31	5:58:09	5:24	1	5:58:09	1	5:58:09	
Forch	11.30		5:46	344	23:45	628	26:37	77.61	7:03:26	5:27	1	7:03:26	1	7:03:26	
Egg	8.75		5:54	365	18:18	645	19:32	86.36	7:55:09	5:30	1	7:55:09	1	7:55:09	
Zumikon	12.99		5:37	298	20:02	570	26:11	99.35	9:08:19	5:31	1	9:08:19	1	9:08:19	
Witikon	6.91		4:46	205	9:10	430	11:58	106.26	9:41:19	5:28	1	9:41:19	1	9:41:19	
Fluntern	4.90		5:48	323	11:39	596	12:11	111.16	10:09:49	5:29	1	10:09:49	1	10:09:49	
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-	
Irchel	5.64		4:04	10	2:47	48	4:21	116.80	10:32:49	5:25	256	2:22:37	545	3:40:53	