



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Windhunde

□□: Alumni

□□: 364

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:02:02

□□: 11.64 km/h

□□□□: 5:09 min/km

□□□□□: 318 (of 790)

□□□□□□: 6:52:28

□□□□□: 92(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:53	59	4:21	159	5:44	4.40	21:33	4:53	1	21:33	1	21:33
Buchlern	13.25		4:40	173	14:28	387	18:58	17.65	1:23:32	4:43	1	1:23:32	1	1:23:32
Uetliberg	6.20		7:21	415	16:28	714	20:04	23.85	2:09:12	5:25	1	2:09:12	1	2:09:12
Felsenegg	5.90		4:50	77	5:54	201	8:35	29.75	2:37:44	5:18	1	2:37:44	1	2:37:44
Buchlern	14.02		5:34	367	26:24	654	30:25	43.77	3:55:57	5:23	1	3:55:57	1	3:55:57
Hönggerberg	11.10		5:31	288	19:28	545	22:09	54.87	4:57:15	5:25	1	4:57:15	1	4:57:15
Irchel	5.10		5:33	223	9:17	462	11:37	59.97	5:25:38	5:25	1	5:25:38	1	5:25:38
Fluntern	6.34		5:17	222	9:37	458	11:42	66.31	5:59:08	5:24	1	5:59:08	1	5:59:08
Forch	11.30		4:35	33	10:20	120	13:12	77.61	6:51:00	5:17	1	6:51:00	1	6:51:00
Egg	8.75		4:12	6	3:24	32	4:38	86.36	7:27:49	5:11	1	7:27:49	1	7:27:49
Zumikon	12.99		4:42	48	8:07	168	14:16	99.35	8:29:04	5:07	1	8:29:04	1	8:29:04
Witikon	6.91		5:16	341	12:35	613	15:23	106.26	9:05:29	5:08	1	9:05:29	1	9:05:29
Fluntern	4.90		6:14	395	13:44	686	14:16	111.16	9:36:04	5:10	1	9:36:04	1	9:36:04
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Irchel	5.64		4:36	87	5:45	214	7:19	116.80	10:02:02	5:09	102	1:51:50	334	3:10:06