



38. SOLA-Stafette

Zürich / 07.05.2011

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ZHAWinners

□□: Alumni
□□: 368

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:01:15

□□: 11.58 km/h
□□□□: 5:08 min/km

□□□□□: 314 (of 790)

□□□□□□: 6:52:28

□□□□□: 89(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:19	9	1:50	43	3:13	4.40	19:02	4:19	1	19:02	1	19:02
Buchlern	13.25		5:57	460	31:30	766	36:00	17.65	1:38:03	5:33	1	1:38:03	1	1:38:03
Uetliberg	6.20		5:53	119	7:18	293	10:54	23.85	2:14:33	5:38	1	2:14:33	1	2:14:33
Felsenegg	5.90		5:28	235	9:42	464	12:23	29.75	2:46:53	5:36	1	2:46:53	1	2:46:53
Buchlern	14.02		5:21	308	23:17	579	27:18	43.77	4:01:59	5:31	1	4:01:59	1	4:01:59
Hönggerberg	11.10		4:02	4	3:00	21	5:41	54.87	4:46:49	5:13	1	4:46:49	1	4:46:49
Irchel	5.10		4:55	92	6:01	235	8:21	59.97	5:11:56	5:12	1	5:11:56	1	5:11:56
Fluntern	6.34		4:30	34	4:44	114	6:49	66.31	5:40:33	5:08	1	5:40:33	1	5:40:33
Forch	11.30		5:16	203	18:07	420	20:59	77.61	6:40:12	5:09	1	6:40:12	1	6:40:12
Egg	8.75		4:53	68	9:21	196	10:35	86.36	7:22:58	5:07	1	7:22:58	1	7:22:58
Zumikon	12.99		5:13	171	14:39	385	20:48	99.35	8:30:45	5:08	1	8:30:45	1	8:30:45
Witikon	6.91		4:37	147	8:06	342	10:54	106.26	9:02:41	5:06	1	9:02:41	1	9:02:41
Fluntern	4.90		5:33	255	10:22	510	10:54	111.16	9:29:54	5:07	1	9:29:54	1	9:29:54
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Irchel	5.64		5:33	337	11:08	610	12:42	116.80	10:01:15	5:08	99	1:51:03	330	3:09:19